

For the health of all.

COMMUNITY IMPACT REPORT 2018





For a child to experience, grow in and benefit from a safe, nurturing environment,

a group of people must be actively engaged in supporting them—the health and vitality of the community depend on it. At Louisiana Healthcare Connections, transforming health one person at a time is both our purpose and a universal truth: all of us affect each of us. And if only 10 percent of "good health" is medical, then our collective efforts—big and small, easy and difficult—represent the ability to impact 90 percent of our health. That's why Louisiana Healthcare Connections is committed to ensuring how our members live, learn, work and play supports their overall health and well-being.

With a focus on food insecurity, we are devoting internal and external resources, investing in new partnerships and identifying innovative ways to create and sustain access to healthy food. This report is not an exhaustive account of 2018 but, rather, an attempt to capture the spirit of our efforts and a sincere and collective desire to achieve lasting health equity.

Our ongoing commitment to providing the best benefits and programs possible in order to improve the overall health of the families and communities we serve is stronger than ever—reflecting a company firmly connected to its mission and to its communities. Because when it comes to health, we're all connected.

JAMIE SCHLOTTMAN

CEO & Plan President Louisiana Healthcare Connections



Passionate Connections

Through a collective sense of purpose, meaningful work can be achieved. At Louisiana Healthcare Connections, our team makes a difference every day through the work they do helping our members and supporting our provider partners. And because they are passionate about connecting their work to the community, their efforts are amplified—creating a ripple effect that provides lasting synergy and impact.



471EMPLOYEE VOLUNTEER HOURS



305COMMUNITY PARTNERS



643COMMUNITY EVENTS

Crossing all boundaries, the challenges surrounding health care are profound and complex. And while the consequences of poor health may disproportionately affect our disadvantaged communities, we are all affected. Which is why Louisiana Healthcare Connections remains steadfast in its pursuit of reducing health disparities—the health of "the least among us" reflects the true health of the entire community. Illustrated on the following pages, our guiding philosophy articulates what we believe, seek, understand, know and find to be true in

working for the health of all.

We believe

Good health starts in the places where we live, learn, worship, work and play.







No One Eats Alone™ Day

PREVENTING SOCIAL ISOLATION

We all need to feel connected—to loved ones, to our community, to each other. A sense of belonging and acceptance is a powerful necessity. Third on Maslow's hierarchy of needs, "social belonging" reflects a basic human desire for emotionally significant relationships. We're all looking for connections because we need them. Moreover, studies suggest the impact of isolation and loneliness on health and mortality are of the same order of magnitude as high blood pressure, obesity and smoking.

In 2018, Louisiana Healthcare Connections partnered with three schools to celebrate National No One Eats Alone™ Day. More than 200 fifthgraders at elementary schools in New Orleans, Lake Charles and Baton Rouge participated in an interactive program focused on the importance of inclusion. Through interactive activities that encouraged open dialogue, students learned to recognize and combat the negative impact that social isolation and bullying has on others.



NO ONE EATS ALONE™ PARTNER SCHOOLS

Baton Rouge—Einstein Charter

Lake Charles—Oak Park Elementary

New Orleans—Benjamin Franklin





We know

You get what you give.

When the needs of individuals are cared for by the larger "family"—friends, relatives, neighbors, teachers and pastors—everyone benefits.





Baton Rouge Free Clinic

CARING FOR THE UNDERSERVED

Who are the disadvantaged? They are our friends, our families, our neighbors and the people with whom we worship, play and work. And because healthy communities are built on shared experiences, vibrant cooperation and simple, everyday interactions, their welfare is our welfare.

The inaugural Baton Rouge Free Clinic provided free medical, dental and vision care to over 1,400 people on a first-come, first-serve basis. Volunteers from across the country joined local volunteers in giving much-needed care to people who came from all over the state. Staged in warehouses converted into massive clinics comprised of row after row of exam rooms and dental chairs, the Baton Rouge Free Clinic was more than free medical services.

It was dedicated, joyful volunteers giving their time and skill to help others; smiles on those relieved to have a twenty-year dental problem fixed; an overwhelming display of compassion, concern and caring. And because you

We understand







The difference between healthcare and **health care**. Empowering our members with physical, mental and social well-being is more than providing insurance—**it's the pursuit of health equity**.

Community Health & Wellness Festival

PAVING THE WAY FOR POPULATION HEALTH

The pursuit of wellness is a journey. One that requires clear direction as well as the right path—making ongoing education and engagement around the ways in which "healthy" can be achieved and sustained a vital part of health care.

When Louisiana Healthcare Connections partnered with the National Minority Quality Forum, Xavier University and the Daughters of Charity Health Centers to present a free Community Health & Wellness Festival, the response was truly overwhelming. On a hot Saturday in July, almost 1,000 area residents—ranging from two to 90 years old—came out to the Xavier University Student Center in New Orleans to learn about and celebrate "healthy."

Upon registering, participants received a "My Health Passport" with which to track the results of their individual screenings. They also received mental and financial health education, learned about breast cancer prevention, participated in coordinated exercises, danced to live music and enjoyed planned activities throughout the day. In addition, the Crescent City Farmers Market handed out fresh, local produce along with information on nutritional eating and cooking.







We seek

A **culture of wellness** is defined by the presence of physical, mental and social well-being and not simply by the absence of sickness.

NOURISHING BODY AND MIND

BREADA

Reaching the traditionally underserved with improved access to affordable, nutritious, locally-grown produce is an important ingredient in removing barriers to food security. By supporting the BREADA (Big River Economic and Agricultural Alliance) Red Stick Rewards program, Louisiana Healthcare Connections helped ensure more area residents with a SNAP/EBT (Supplemental Nutritional Assistance Program/Electronic Benefits Transfer) card had more fresh-foods buying power.

With a dollar-for-dollar match on up to \$10 in purchases made at area

Red Stick Farmers Markets with a SNAP/EBT card, the enhanced program
saw a 33 percent increase in participation after just four months as well as
additional revenue for small-scale family farmers.

BRYC

Future teacher. Future publisher. Future engineer. High school students accepted in BRYC (Baton Rouge Youth Coalition) represent high achievers from low-income families. Because academic accomplishments and motivation alone can't compensate for the lack of necessaary resources available to their more affluent peers, BRYC Fellows have access to those resources through mentoring, ACT prep, college tours and leadership development skills to help them realize college success.

Shola Akinniyi—a Louisiana Healthcare Connections-sponsored BRYC fellow—will be attending LSU beginning in the fall of 2019 as a pre-med student. Future doctor? We believe so!



We find

The face of innovation changes, depending upon your perspective. Whether it's a member receiving groundbreaking treatment or simply talking to their doctor for the first time—it's **transformative care**.





Community Health Grants

FOSTERING INSPIRED SOLUTIONS

Big ideas can come in small packages. Or, in a brown paper bag, in a seed or in a simple, healthy meal. When Louisiana Healthcare Connections launched its

Community Health Grants program in April, its goal was to invest in organizations bringing food support and sustainability to their communities. Leveraging meaningful food security solutions means investing in partners who demonstrate relentless tenacity—one garden, one meal and one person at a time.

2018 RECIPIENTS

Abraham's Tent Association of Lake Charles

Feeding Program—Meals for low-income individuals and families in Calcasieu Parish.

Food Bank of Central Louisiana

Good Food Project—Two school teaching gardens + mobile kitchen in Rapides Parish.

Morehouse Parish Garden-To-Table Project

Community Garden Initiative—Comprehensive education around planting, growing, harvesting and preparing fresh produce for families and individuals lacking food security.

New Orleans AIDS Task Force/CrescentCare of New Orleans

Food For Friends Food Pantry Program—Meals for low-income families and homeless individuals + meal delivery for homebound people living with HIV or cancer in New Orleans.



Our **Partners** In Health

COMMUNITY ORGANIZATIONS

In 2018, through health fairs, special events, community walks, general support and sponsorships, Louisiana Healthcare Connections was proud to call the following organizations partners.

Action Against Addiction

A Pregnancy Center

Abounding Love Ministries

Abraham's Tent

Acadiana Breastfeeding Coalition

Access Health Louisiana

Allen Action Agency Head Start

Alpha Phi Alpha Fraternity, Inc.—Natchitoches

Alphonse Jackson Early Head Start Center

Alzheimer's Association

American Heart Association—

Capital Area Chapter

Amite Rural Health Clinic

Andrew P. Sanchez & Copelin-Byrd

Multi-Service Center

Antioch Church

Armstrong DeWilliams Adult Day Health Care

Armstrong Middle School

Arthritis Foundation

Ascension Council on Aging

Ascension Parish School Board

Assumption Parish Council on Aging

Assumption Parish Head Start

Assumption Parish Library

Avoyelles Community & Youth Coalition

Avoyelles Parish Healthy Coalition Initiative

Avoyelles Pediatrics

Baptist Community Health Services

Baton Rouge Youth Coalition (BRYC)

Battered Women's Shelter

Beacon Light Baptist Church

Beauregard Ministry Alliance

Belle Chasse Community Health Center

Belle Chasse School

Belle Rose Primary & Middle Schools

Benjamin Franklin Elementary Mathematics &

Science School

St. Vincent de Paul Bishop Ott Sweet

Dreams Shelter

Black Heritage Festival—Lake Charles

Bladesfield Church of God in Christ—Kentwood

Body of Christ Fellowship Church

Boothville—Venice Elementary School

Boys and Girls Club—Shreveport, St. Tammany,

Southeast Louisiana

Braswell Drugs Pharmacy

BREADA

BRBAC's Metro Health Education

BREC Foundation

Brenda H. Hunter Head Start

Caddo Parish Juvenile Services

Calcasieu Council on Aging

Calcasieu Parish School Board

Capital Area Agency on Aging

Capital Area Alliance for the Homeless

Capital Area Court Appointed Special

Advocates (CASA)

Capital Area United Way

Capital Area Human Services District

Care South (formerly Capitol City Family

Health Center)

Carter C. Raymond Elementary School

Court-Appointed Special Advocates (CASA)—

Capital Area, St. Landry Parish

Catholic Charities

Catholic Charities Diocese of Baton Rouge Parenting Center Central Elementary School Central Louisiana Homeless Coalition Central Louisiana Human Services District

Central Louisiana Food Bank Central Tangipahoa Head Start Charles R. Kelly Community Center

Chateau De Notre Dame Child Advocacy Center

Children's Coalition for Northeast Louisiana

Children's Hospital—New Orleans

Christian Baptist Church Christian Worship Center

Youth BLAST—St. Landry Parish

City of Alexandria City of Baton Rouge City of Colfax

City of Lake Charles City of Monroe

City of New Orleans

City Pharmacy and Home Medical

City Year Baton Rouge

Community Development, Inc.

Community Kitchen

Community Outreach Center Community Pregnancy Center

Cornerstone Learning Center—Alexandria

Council on Aging—Ponchatoula

Council on Alcoholism & Drug Abuse of Northwest LA

Covington Food Bank

Community School for Apprenticeship

Learning

Crescent Care

Daughters of Charity Foundation

David Raines Community Health Centers

David Raines Head Start Delta Sigma Theta Sorority DeRidder High School Dillard University Diocese of Alexandria

Dorseyville Elementary School East Baton Rouge Council on Aging East Baton Rouge Parish Schools

Eden Park Elementary **Edgewater Church**

Ellender Memorial High School

Einstein Charter School

Epps Library

Evangeline Parish Head Start

Excelth

Exxon Mobil YMCA

Families Helping Families—Jefferson, Orleans and Southwest Parishes

Families in Need of Services—St. John the

Baptist

Fannie C. Williams Charter School First Shiloh Missionary Baptist Church

Food Bank of Central Louisiana Food Bank of Northeast Louisiana

Foreman-Reynaud YMCA Forest Hill Elementary School Franklinton Head Start Fred's Pharmacy

Freeman-Matthews Head Start

Friends of The Library Geismar Community Center

Glad Tidings Church—Lake Charles

Glen Oaks Baptist Church

Glen Oaks Park Elementary School

God's Food Box-DeRidder Good Samaritan Food Bank Good Samaritan Thrift Store Grace Place Ministries—Monroe

Grand Coteau Head Start

Grandparents Raising Grandchildren

Grant Council on Aging

Grant Parish Healthy Coalition Initiative

Greater Baton Rouge Food Bank

Greater St. Stephen Full Gospel Baptist

Church

Gretna United Methodist Church Gulf Coast Homeless Coalition

Health Care for Homeless Veterans Program

Head Start—Caddo Community Action

Agency, Inc.

Healthy Initiative Coalition

Healthy Start Holy Ghost Diner

Home Health Care 2000. Inc. Hope Center for Autism

HOPE Connections (Homeless Coalition)

HOPE Ministries—Baton Rouge

Horseshoe Drive Baptist Church Iberia Comprehensive Community

Health Center

Iberville Parish Head Start

Immaculate Heart of Mary Church Immaculate Heart of Mary School Innis Community Health Center

Jack and Jill of America—Baton Rouge

J.B. Nachman Elementary School Jessie D. Clifton Elementary School Jefferson Community Health Care

Centers—Marrero

Jefferson Parish Head Start J.I. Watson Elementary School

Job Corps

JS Clark Leadership Academy Julius Patrick Elementary School Junior League of Baton Rouge

Just Kids Dental

K.R. Hanchey Elementary School

Kentwood High School

Kingsley House Kidcare Louisiana Knights of Peter Claver

Kool Smiles

LATAN (Louisiana Assistive Technology Access Network)

LPB (Louisiana Public Broadcasting)

L.S. Rugg Elementary School

Louisiana Delta Community College

Louisiana Parenting Education Network (LAPEN)

Lafayette Social Service Agency Network

Lafourche Parish Library

Lake Charles Memorial Hospital for Women

Lee High Magnet School Livingston Head Start

Livingston Parish Human Services Coalition

Livingston Youth and Family Together

Livonia School-Based Health Center Lord Save the Children Ministry

Louisiana Educational Advancement

Project (LEAP)

Louisiana Healthy Communities Coalition— Bayou Region

Louisiana Medical Association

Louisiana Partnership for Children & Families

Lowery Middle School

LSU AgCenter (Louisiana State University) Open Health Care Clinic St. Helena Parish Hospital & Nursing Home Maddie's Footprints Ouachita Parish Public Library St. John the Baptist Head Start Majestic Youth Development Our Daily Bread Food Bank—Tangipahoa St. John the Baptist School Board The Malcolm Jenkins Foundation Our House Help for Teenagers—Monroe St. Luke Missionary Baptist Church Manna House Ministries Our Lady of Fatima School—Lafayette St. Tammany Commission on Families (Feeding the Hungry) Our Mother of Mercy Catholic Church St. Tammany Social Services March of Dimes Pineville Junior High School St. Vincent DePaul Maringouin Senior Center Plaguemines Community/Stakeholders for St. Vincent DePaul Thrift Store Mary Goss Nursing Home Public Involvement Plan Star Hill Church Donaldsonville Mayor's Youth Primary Health Services Center Southern University Ag Center Advisory Council Project Celebration, Inc. Southwest Louisiana Sickle Cell McDonogh 35 Senior High School Pryce/Miller Recreation Center Anemia, Inc. Medical Group Management Association Rapides Parish Healthy Initiatives Coalition Summerfield Senior Living Melrose Elementary School Rapides Parish Library SWLA Center for Health Services MetroMorphosis Rapides Senior Citizens Center Sylvia's Nursery School Martin Luther King Library—New Orleans Ready-Set-Go Child Development Center T.R.E.E. House Children's Museum MLK Coalition Regina Coeli Child Development Center Tangipahoa Parish Library Louisiana Purchase Gardens & Zoo— ReNEW Schaumburg Elementary School Tangipahoa Voluntary Council on Aging Monroe Resources for Independent Living Teche Action Clinic Monroe Mini League Softball Richwood High School Terrebonne Parish Library System Moorehouse Community Medical The Diabetic Kitchen—New Iberia **RKM Primary Care** Centers, Inc. The Extra Mile Ryan Elementary School Mount Olive Baptist Church The Trace (Assisted Living Facility) Salvation Army National Alliance on Mental Illness (NAMI) Louisiana Salvation Army Boys and Girls Club Trinity Christian Community Center National Alliance on Mental Illness (NAMI)— Save the Children Head Start Tulane University School of Public Health St. Tammany and Tropical Medicine Shiloh Baptist Church—Alexandria National Association of University Women United Christian Faith Ministries Shreve Memorial Library (NAUW)—Rayne United Way of Louisiana Sickle Cell Association of South Louisiana National Parkinson Foundation— (formerly Baton Rouge Sickle Cell Anemia United Way of Southwest Louisiana Southwest Louisiana Foundation) UNITY of Greater New Orleans Nazarene Baptist Church Slidell Head Start and Early Head Start Upward Bound Program New Antioch Missionary Baptist Church Solutions to Poverty Coalition Urban League of Louisiana New Belmont Baptist Church South St. Landry Community Library Virginia Baptist Church New Direction Missionary Baptist Church Southeast Community Health Systems Volunteers of America—Caddo Parish, New Evergreen Baptist Church Central Louisiana, Greater Baton Rouge, Southeastern Louisiana University New Horizons Independent Living Center Head Start Southwest Louisiana New Orleans Council on Aging Southside Elementary Washington Parish Community Health Center New Orleans Recreation Development Southwest Primary Healthcare Center Commission (NORDC) Washington Parish Coalition on Southwest Louisiana Sickle Cell Anemia **Human Services** New Scott Olly Baptist Church Disease Foundation Wilcox Academy of Early Learning Noel Neighborhood Ministries Food Pantry St. Charles Community Health Center Winn Community Health Center North Iberville Elementary School St. Augustine Catholic Church Winn Parish Council on Aging Northeast Elementary School St. Benedict the Moor Xavier University of Louisiana Northwest Louisiana Human Services District St. Catherine of Siena Catholic Church Young Leaders Academy—Baton Rouge Oak Park Elementary School St. Elizabeth Hospital Youth Empowerment Project—St. Charles Oak Park Plaza Housing Properties

St. Helena Human Services Coalition

St. Helena Middle School Health

YWCA—Greater Baton Rouge, Alexandria,

Shreveport

(Volunteers of America)

Oberlin Head Start Center



OUR PURPOSE

Transforming Louisiana's health one person at a time.

OUR MISSION

To provide the best benefits and programs possible in order to improve the overall health of the families and communities we serve.

OUR VISION

Delivering quality health care through local and community resources that reflect and honor Louisiana's unique and vibrant way of life.

OUR VALUES

SENSITIVE

We support diverse community and cultural values.

ENGAGED

We maintain a friendly, positive and upbeat attitude in all endeavors.

COMPASSIONATE

We treat everyone with kindness, dignity and respect.

FAMILIAR

We bring trusted, local partners and resources to every relationship.

RELIABLE

We provide coordinated services with responsive, diligent efficiency.



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