

Protect Your Child's Teeth with Fluoride Varnish

Fluoride Varnish is a protective coating a doctor puts on your child's teeth. It takes less than two minutes to apply and dries almost instantly. The coating helps make the outer layer of their tooth enamel harder and stronger.

Your child will be less likely to get cavities or experience tooth decay if they get fluoride varnish applied!



Is fluoride varnish safe?

Fluoride varnish is safe and can even be used on babies after their first tooth comes in. Since doctors apply a very small amount and it is made to stick to teeth, there's a very low chance of it being swallowed. **The process is quick and painless.**

How much does it cost?

If you are a Louisiana Healthcare Connections member, this service is covered and comes at **no cost to you.**

How old should my child be?

Children of all ages, even infants, can have fluoride varnish applied. Talk with your doctor about what is best for your child's dental health. **IMPORTANT: This treatment does not replace brushing your child's teeth twice a day.**

How long does it last?

Fluoride varnish provides protection for several months after application. It is recommended for children to get it at least twice a year.



To learn more about fluoride varnish visit: www.LouisianaHealthConnect.com/fluoridevarnish



QUESTIONS? Call us at **1-866-595-8133** (TTY: 711), Monday through Friday, 7 a.m. to 7 p.m., if you have questions or would like help scheduling your child's fluoride varnish appointment.



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