

SUBMIT TO

Utilization Management Department

PHONE 1-866-595-8133 | FAX 1-888-725-0101



OUTPATIENT TREATMENT REQUEST FORM-NON PARTICIPATING PROVIDERS

Please print clearly – incomplete or illegible forms will delay processing.

Date _____

MEMBER INFORMATION

Name _____

DOB _____

Member ID # _____

PROVIDER INFORMATION

Provider Name (print) _____

Provider/Agency Tax ID # _____

Provider/Agency NPI Sub Provider # _____

Phone _____ Fax _____

CURRENT ICD DIAGNOSIS

Primary _____

Secondary _____

Tertiary _____

Additional _____

Additional _____

Has contact occurred with PCP? Yes No

Date first seen by provider/agency _____

Date last seen by provider/agency _____

FUNCTIONAL OUTCOMES (TO BE COMPLETED BY PROVIDER DURING A FACE-TO-FACE INTERVIEW WITH MEMBER OR GUARDIAN. QUESTIONS ARE IN REFERENCE TO THE PATIENT.)

- 1. In the last 30 days, have you had problems with sleeping or feeling sad? Yes (5) No (0)
- 2. In the last 30 days, have you had problems with fears and anxiety? Yes (5) No (0)
- 3. Do you/your child currently take mental health medicines as prescribed by your doctor? Yes (5) No (0)
- 4. In the last 30 days, has alcohol or drug use caused problems for you or your child? Yes (0) No (5)
- 5. In the last 30 days, have you/your child gotten in trouble with the law? Yes (5) No (0)
- 6. In the last 30 days, have you/your child actively participated in enjoyable activities with family or friends (e.g. recreation, hobbies, leisure)? Yes (0) No (5)
- 7. In the last 30 days, have you/your child had trouble getting along with other people including family and people out the home? Yes (5) No (0)
- 8. Do you feel optimistic about the future? Yes (0) No (5)
- Children Only**
- 9. In the last 30 days, has your child had trouble following the rules at home or school? Yes (0) No (5)
- 10. In the last 30 days, has your child been placed in state custody (DCFS or Juvenile Justice)? Yes (5) No (0)
- Adults Only**
- 11. Are you currently employed or attending school? Yes (5) No (0)
- 12. In the last 30 days, have you been at risk of losing your living situation? Yes (5) No (0)

Therapeutic Approach/Evidence Based Treatment Used

LEVEL OF IMPROVEMENT TO DATE

Minor Moderate Major No progress to date Maintenance treatment of chronic condition

Barriers to Discharge

SYMPTOMS (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
Anxiety/Panic Attacks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hyperactivity/Inattn.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decreased Energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Irritability/Mood Instability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Impulsivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depressed Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other Psychotic Symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Angry Outbursts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other (include severity):	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

FUNCTIONAL IMPAIRMENT (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
ADLs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Work/School	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance Use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Drug(s) of Choice: _____				
Last Date of Substance Use: _____									

RISK ASSESSMENT

Suicidal: None Ideation Planned Imminent Intent History of self-harming behavior
 Homicidal: None Ideation Planned Imminent Intent History of harm to others
 Safety Plan in place? (If plan or intent indicated): Yes No
 If prescribed medication, is member compliant? Yes No

CURRENT MEASURABLE TREATMENT GOALS

REQUESTED AUTHORIZATION (PLEASE CHECK OFF APPROPRIATE BOX TO INDICATE MODIFIER, IF APPLICABLE.)

PLEASE INDICATE BELOW WHICH CODES YOU ARE REQUESTING.	DATE SERVICE STARTED	FREQUENCY: How Often Seen	INTENSITY: # Units Per Visit	Requested Start Date for this Auth	Anticipated Completion Date of Service
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ALL OUT OF NETWORK SERVICES REQUIRE PRIOR AUTHORIZATION. PLEASE INDICATE BELOW WHICH CODES YOU ARE REQUESTING

Psychiatric/Psychological Services <input type="checkbox"/> 900 <input type="checkbox"/> 914 <input type="checkbox"/> 915 <input type="checkbox"/> 916					
Psychiatric diagnosis evaluation <input type="checkbox"/> 90791 <input type="checkbox"/> 90792					
<input type="checkbox"/> 90832 Psychotherapy, 30 minutes <input type="checkbox"/> 90834 Psychotherapy, 45 minutes <input type="checkbox"/> 90837 Psychotherapy, 60 minutes					
<input type="checkbox"/> 90845 Individual psychotherapy					
Family psychotherapy <input type="checkbox"/> 90846 <input type="checkbox"/> 90847 <input type="checkbox"/> 90849 <input type="checkbox"/> 90853					
Pharmacological management <input type="checkbox"/> 90863					
Individual psycho-physiological therapy <input type="checkbox"/> 90875 <input type="checkbox"/> 90876 <input type="checkbox"/> 90880					
Health and behavior assessment <input type="checkbox"/> 96150 <input type="checkbox"/> 96151					
Health and behavior intervention <input type="checkbox"/> 96152 <input type="checkbox"/> 96153 <input type="checkbox"/> 96154 <input type="checkbox"/> 96155					
Psychotherapy with Med Eval/Mgmt Service; limited to 1 per day per provider <input type="checkbox"/> 99201 <input type="checkbox"/> 99202 <input type="checkbox"/> 99203 <input type="checkbox"/> 99204 <input type="checkbox"/> 99205					
Office or other outpatient visit <input type="checkbox"/> 99211 <input type="checkbox"/> 99212 <input type="checkbox"/> 99213 <input type="checkbox"/> 99214 <input type="checkbox"/> 99215					
Alcohol and/or Drug Assessment; 1 per day <input type="checkbox"/> H0001 HO/HN/HM					
Behavioral health counseling and therapy - per 15 minutes <input type="checkbox"/> H0004 HO/HN/HM					
Alcohol and/or drug services; per hour <input type="checkbox"/> H0005 HO/HN/HM <input type="checkbox"/> H0011 <input type="checkbox"/> H0012 <input type="checkbox"/> H0014					
community psychiatric supportive treatment <input type="checkbox"/> H0036 HO/HN/HM <input type="checkbox"/> H0036 HO/HN- Homebuilders <input type="checkbox"/> H0036 HE- FFT (Functional Family Therapy)					

