

# *Do you need help feeding yourself or your family?*

The Food Bank of Central Louisiana may be able to help.

Hunger affects every parish and community in Louisiana. When money is tight, many families cannot afford to buy enough food. Contact the **Food Bank of Central Louisiana** to find out if you qualify for food assistance.

An important message from:



(318) 445-2773  
[www.fbcentla.org](http://www.fbcentla.org)



You may qualify for **Supplemental Nutrition Assistance Program (SNAP)** benefits. Your food bank can give you more information about this program. If you are eligible, your food bank can help you apply.

**The Food Bank of Central Louisiana** serves Allen, Avoyelles, Catahoula, Concordia, Grant, LaSalle, Natchitoches, Rapides, Sabine, Vernon and Winn parishes.

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*Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-866-595-8133** (ATS: 711).*

*Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-866-595-8133** (TTY: 711).*

*Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-866-595-8133** (TTY: 711).*

*Louisiana Healthcare Connections does not discriminate on the basis of race, color, national origin, sex, age, or disability.*