Table of Contents

Welcome ..................................................................................................................................................................................................4
About This Catalog ..........................................................................................................................................................4
How To Access Our Programs ....................................................................................................................................5
Relias E-Learning ..........................................................................................................................................................5
Continuing Education Information ..................................................................................................................................6

Course Information

Adverse Childhood Experiences Study ......................................................... 7
Adverse Incident Reporting ........................................................................ 7
Applied Behavior Analysis ........................................................................ 7
ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions ................................................................. 7
Attention Deficit-Hyperactivity Disorder (ADHD) ....................................... 7
Behavioral Health 101: .............................................................................. 7
Behavioral Health 101: Anxiety ................................................................... 8
Behavioral Health 101: Bipolar Disorder .................................................... 8
Behavioral Health 101: Depression .............................................................. 8
Behavioral Health 101: Posttraumatic Stress Disorder (PTSD) ................. 8
Behavioral Health 101: Schizophrenia ........................................................ 9
Behavioral Health 101: Substance Use Disorder ........................................ 9
Behavioral Health Screening Tools for Providers ........................................ 9

Child and Adolescent Level of Care Utilization System (CALOCUS) ......... 9
Co-Occurring: Substance Use and Mental Health Disorders ..................... 9
Cultural Competency: Cultural Humility as the Foundation ....................... 9
Eating Disorders: A Comprehensive Overview ......................................... 10
HIV and AIDS Overview ............................................................................. 10
ICD-10 Overview for Mental Health Providers: Module 1: Adverse Incident Reporting ...................................................... 10
ICD-10 Overview for Mental Health Providers: Module 2: Inpatient Utilization Review ................................................................. 10
Integrated Healthcare .................................................................................. 11
Level of Care Utilization System (LOCUS) ................................................. 11
Mental Health First Aid: Adult ..................................................................... 11
Motivational Interviewing (MI): Level 1 ...................................................... 11
Overview of Changes to the Diagnostic and Statistical Manual of Mental Disorders .................................................................................... 11
Physical Health 101 ..................................................................................... 12
Positive Psychology: Clinical Tools for Behavioral Health Providers ........ 12
Pre-Admission Screening Resident Review (PASRR) .................................. 12
Providing Independence for Clients: A Provider’s Guide to Successful Client Outcomes and Titrating Services .................................................. 12

Psychotropic Medications .......................................................................... 12
Recovery Principles ...................................................................................... 13
SMART Goals ............................................................................................... 13
Strengths Perspective ................................................................................... 13
Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview .............................................. 13
Substance-Related and Addictive Disorders Module 2: Alcohol-Related Disorders ............................................................ 13
Substance-Related and Addictive Disorders Module 3: Caffeine-Related Disorders .............................................................. 13
Substance-Related and Addictive Disorders Module 4: Cannabis-Related Disorders .............................................................. 13
Substance-Related and Addictive Disorders Module 5: Hallucinogen-Related Disorders ............................................................. 13
Substance-Related and Addictive Disorders Module 6: Inhalant-Related Disorders ............................................................. 13
Substance-Related and Addictive Disorders Module 7: Opioid-Related Disorders ............................................................. 13
Substance-Related and Addictive Disorders Module 8: Sedative, Hypnotic, or Anxiolytic-Related Disorders ..................................................... 13
Substance-Related and Addictive Disorders Module 9: Stimulant-Related Disorders ............................................................. 13
Substance-Related and Addictive Disorders Module 10: Tobacco-Related Disorders ............................................................ 13
Substance-Related and Addictive Disorders Module 11: Non-Substance-Related Disorders ............................................................ 13
Suicide Risk - A Clinical Perspective Module 1: Suicide Risk Overview ......................................................................................... 13
Suicide Clinical Risk Training Module 2: Assessment Intervention and Evidence-Based Treatments ................................................................. 16
Systems of Care .......................................................................................... 16
Teen Violence: Recognizing Signs and Trends .......................................... 16
Trauma-Informed Care .............................................................................. 17
Treatment and Documentation Guidelines for Providers ......................... 17
Treatment Planning for Providers ............................................................... 17

VOLUME 2018, No. 1 MKT-CTLG-002 APRIL 2018
Welcome

Welcome to Louisiana Healthcare Connections, and thank you for being part of our network of physicians, hospitals and other healthcare professionals. We look forward to working with you to improve the health of our state, one person at a time.

About Louisiana Healthcare Connections

Louisiana Healthcare Connections is a Medicaid health plan based in Baton Rouge, providing quality health care coverage to more than 475,000 Louisianans who qualify for Medicaid or LaCHIP. With a network of more than 15,000 providers and comprehensive care management programs, Louisiana Healthcare Connections members enjoy access to quality health care so they can lead healthier lives.

About this catalog

The Training and Education Course Catalog contains information about our comprehensive clinical training program, designed to enhance the knowledge, skills and performance of healthcare professionals who empower our members to make positive health behavior changes.

We offer many courses to support continuing education for providers, enhance integrated care, and expand use of best practices. Participants can receive continuing education, for some classes, and receive certificates of attendance related to certain licensing requirements.

Who can attend our courses?

Course participants come from all aspects of healthcare. They include behavioral healthcare providers, primary care physicians, long-term services and supports providers, specialty therapy and rehabilitative service providers, and providers/stakeholders involved in the child welfare system. Their reasons for attending our workshops are as varied as the topics and range from the practical — such as “authorizations” — to the profound — such as “culture of poverty” or “childhood traumatic grief.”

What are the course topics?

Multiple training topics explore ways for physical and behavioral health providers to coordinate services, such as integrated care, cultural competency, common psychotropic medications, positive psychology, strengths-based treatment model and motivational interviewing. In addition, we offer a workshop to explain the use of psychotropic medications in treating mental health and substance use disorders.

Our trainers have extensive knowledge in a variety of health topics, including behavioral health; speech, respiratory, occupational and physical therapy; nursing; exercise physiology; nutrition; diabetes; smoking cessation; case and utilization management; care coordination; data systems; organizational development; long-term services and supports; and child welfare.

We are here to help you with information regarding our education and training workshops, all designed to support the treatment you provide our members and improve member outcomes.

How to access our programs

While we believe the best training is conducted face to face using experiential-oriented approaches, we know this isn’t always possible. That’s why the training team is equipped to deliver training sessions in a variety of modalities, including in-person, online, interactive sessions, recorded webinars, and self-paced e-learning modules. We offer several convenient ways to register for existing programs and to request additional training sessions.

Please visit our website where you can view program information and register for available sessions.

https://www.envolveu.com/secure-provider-portal/clinical-training.html

If you have further questions, please contact us at BHProviderTraining@louisianahealthconnect.com, or you may reach out to us directly.

Relias Learning

We know that it can be a challenge for you and your staff to find time to attend trainings and educational opportunities. We offer online clinical education through Relias Learning. All Relias Learning courses are free of charge and available 24 hours a day, seven days a week. Many of the Relias Learning courses offer continuing education units (CEUs), and there is no limit to the number of online courses providers are permitted to take. For information and a complete course catalog, please log in or sign up for Relias Learning.

Our valued providers and caregivers may also utilize the Relias continuing education e-learning system as well.

How to access relias

1. Visit http://centenetraining.training.reliaslearning.com
2. Click “Need a user account? Register now.”
3. Complete the required information.

You will have instant access to Relias’ library of online learning, including courses that may qualify for continuing education credit.
Continuing Education Information

Our clinical trainings offer FREE continuing education (CE) hours for certain behavioral health and nursing licenses. Actual course offerings will list CE hrs. available. Credentialing board requirements vary and are subject to change. *Please defer to your licensing board to ensure courses taken meet your licensure requirements.

### Adverse Childhood Experiences Study

**Prerequisites:**
None

**Description:**
This training reviews the concepts and results of the Adverse Childhood Experience (ACE) Study, a decades-long landmark study showing the relationship between traumatic childhood experiences with adult health and social problems.

**Duration:**
1.5 hours
Up to 1.5 hours of continuing education available*

**Course Objectives:**
- Identify the summary of ACE Study findings
- List the categories of the ACE Study
- Identify negative physical and behavioral impacts of a high ACE score
- Discuss the positive impacts of ACE findings on child welfare

### Adverse Incident Reporting

**Prerequisites:**
None

**Description:**
Participants in this session will discuss category definitions of adverse incident reporting and tips on how to complete the reporting form.

**Duration:**
1 hour
No CEs available

**Course Objectives:**
- State the definition of adverse incidents
- Name the location of three adverse incidents which providers must report
- List five adverse incident categories
- Define three adverse incident categories

### Applied Behavior Analysis

**Prerequisites:**
None

**Description:**
To ensure consumers receive the most appropriate level of care, providers should utilize MNC when seeking payment authorization for ABA services. Attendees receive an explanation of the ABA OTR process.

**Duration:**
1.5 hours
No CEs available

**Course Objectives:**
- Describe the two-step process for requesting authorization
- State three examples of what is required in the Diagnostic and Treatment Information portion of the ABA form
- Identify three key components of the ABA MNC

### ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions

**Prerequisites:**
None

**Description:**
Providers learn about ASAM criteria and treatment levels that guide medical necessity determinations, recent diagnostic changes to ASAM criteria, and treatment planning for individuals with substance use disorders.

**Duration:**
1.5 hours
Up to 1.5 hours of continuing education available*

**Course Objectives:**
- Identify levels of treatment and learn measurements for evaluating treatment needs
- Review recent diagnostic changes to ASAM criteria
- Understand high-risk withdrawal symptoms, treatment options and conditions requiring a higher level of care

### Attention Deficit Hyperactivity Disorder (ADHD)

**Prerequisites:**
None

**Description:**
Attendees learn the symptoms, probable causes and treatments for attention deficit hyperactivity disorder (ADHD); the similarities of ADHD symptoms to post-traumatic stress disorder (PTSD); and the risks of misdiagnosis.

**Duration:**
2 hours
Up to 2 hours of continuing education available*

**Course Objectives:**
- Describe two symptoms of inattentiveness
- Describe two symptoms of hyperactivity
- Name three probable causes for ADHD

### Behavioral Health 101

**Prerequisites:**
None
Description: To provide guidance in referring patients with undiagnosed behavioral health disorders, providers learn descriptions, symptoms and treatments for anxiety, bipolar disorder, borderline personality disorder, PTSD, schizophrenia and substance abuse.

Duration: 1 to 8 hours
Up to 8 hours of continuing education available*

Course Objectives:
• Recognize symptoms of these seven conditions
• Identify screening options for each condition
• List two treatment options for these seven conditions

Behavioral Health 101: Anxiety
Prerequisites: None
Description: Attendees review common symptoms, challenges and evidence-based treatment options for anxiety. This training is one of six modules in the Behavioral Health 101 series. This module can be offered with or without screening tools.

Duration: 1 hour
Up to 1 hour of continuing education available*

Course Objectives:
• Recognize symptoms of common mental illnesses
• List at least two treatment options for individuals who could have a mental illness
• Identify two medications recommended for each specific diagnosis

Behavioral Health 101: Bipolar Disorder
Prerequisites: None
Description: Attendees review common symptoms, challenges and evidence-based treatment options for bipolar disorder. This training is one of six modules in the Behavioral Health 101 series. This module can be offered with or without screening tools.

Duration: 1 hour
Up to 1 hour of continuing education available*

Course Objectives:
• Recognize symptoms of bipolar disorder
• List at least two treatment options for individuals who could have bipolar disorder

Behavioral Health 101: Depression
Prerequisites: None
Description: Attendees review common symptoms, challenges and evidence-based treatment options for depression. This training is one of six modules in the Behavioral Health 101 series. This module can be offered with or without screening tools.

Duration: 1 hour
Up to 1 hour of continuing education available*

Course Objectives:
• Recognize symptoms of depression
• List at least two treatment options for individuals who could have depression
• Identify two medications recommended for depression

Behavioral Health 101: Post-Traumatic Stress Disorder (PTSD)
Prerequisites: None
Description: Attendees review common symptoms, challenges and evidence-based treatment options for PTSD. This training is one of six modules in the Behavioral Health 101 series and can be offered with or without screening tools.

Duration: 1 hour
Up to 1 hour of continuing education available*

Course Objectives:
• Recognize symptoms of PTSD
• List at least two treatment options for individuals who could have PTSD
• Identify two medications recommended for PTSD

Behavioral Health 101: Schizophrenia
Prerequisites: None
Description: Attendees review common symptoms, challenges and evidence-based treatment options for schizophrenia. This training is one of six modules in the Behavioral Health 101 series.

Duration: 1 hour
Up to 1 hour of continuing education available*

Course Objectives:
• Recognize symptoms of schizophrenia
• List at least two treatment options for individuals who could have schizophrenia
• Identify two medications recommended for schizophrenia

Behavioral Health 101: Substance Use Disorder
Prerequisites: None
Description: Attendees review common symptoms, challenges and evidence-based treatment options for substance use disorder (SUD). This training is one of six modules in the Behavioral Health 101 series. This module can be offered with or without screening tools.

Duration: 1 hour
Up to 1 hour of continuing education available*

Course Objectives:
• Recognize symptoms of SUD
• List at least two treatment options for individuals who could have SUD
• Identify two medications recommended for SUD

Behavioral Health Screening Tools for Providers
Prerequisites: None
Description: Attendees review common symptoms, challenges and evidence-based treatment options for schizophrenia. This training is one of six modules in the Behavioral Health 101 series.

Duration: 1 hour
Up to 1 hour of continuing education available*

Course Objectives:
• Practice evidence-based behavioral health screening tools
• Demonstrate the impact of screening tools on the behavioral health referral process
• Identify the benefits of disease management and intensive case management programs

Child and Adolescent Level of Care Utilization System (CALOCUS)
Prerequisites: None
Description: Utilization management staff learns to use the Child and Adolescent Level of Care Utilization System (CALOCUS) assessment to help determine the resource intensity needs of individuals who receive behavioral health services.

Duration: 4 hours
Up to 4 hours of continuing education available*

Course Objectives:
• Describe the CALOCUS
• Review dimensions, how to apply criteria and recommended level-of-care placement options
• Explain independent criteria, composite score and derived level of care recommendation versus actual level of care

Co-Occurring: Substance Use and Mental Health Disorders
Prerequisites: None
Description: Behavioral health providers learn the relationship between substance use and co-occurring mental health disorders and learn methods to screen and assess co-occurring disorders. The course also offers guidance on treatment options.

Duration: 1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives:
• Define key terms and examine the relationship between substance use disorders and mental health disorders
• Review ways to screen and assess co-occurring disorders
• Identify evidenced-based practices for co-occurring disorders

Cultural Competency: Cultural Humility as the Foundation
Prerequisites: None
Description: This course explains the importance of cultural competency among behavioral health providers to improve patient treatment. Training includes components of culture, communication variations, cultural impact on services, treatment and potential barriers.
Eating Disorders: A Comprehensive Overview

**Prerequisites:**
None

**Description:**
Behavioral health providers learn about eating disorders and its causes, symptoms and some methods of treatment. The course emphasizes three eating disorders: anorexia nervosa, bulimia nervosa and binge eating.

**Duration:**
1.5 hours

**Up to 1.5 hours of continuing education available**

**Course Objectives:**
- Identify the symptoms and types of eating disorders
- Review changes in diagnostic criteria between editions of the "Diagnostic and Statistical Manual"
- Identify treatment methods

HIV and AIDS Overview

**Prerequisites:**
None

**Description:**
Behavioral health providers want to increase knowledge of HIV and AIDS learn the definitions, differences and symptoms of both. The course also covers transmission, treatment options and statistics on both HIV and AIDS.

**Duration:**
1.5 hours

**Up to 1.5 hours of continuing education available**

**Course Objectives:**
- Define human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS)
- Identify stages of HIV and ways it may be transmitted
- Review best practices for establishing care teams to help those with HIV or AIDS

ICD-10 Overview for Mental Health Providers: Module 1

**Prerequisites:**
None

**Course Objectives:**
- Identify the symptoms and types of eating disorders
- Review changes in diagnostic criteria between editions of the "Diagnostic and Statistical Manual"
- Identify treatment methods

ICD-10 Overview for Mental Health Providers: Module 2

**Prerequisites:**
ICD 10 for Mental Health Providers - Module 1

**Course Objectives:**
- List at least three important terms and definitions related to ICD
- Explain ways in which the ICD-10 and DSM-5 are related
- Locate the ICD-10 online and navigate to the specific section on behavioral health

Level of Care Utilization System (LOCUS)

**Prerequisites:**
None

**Course Objectives:**
- List types of healthcare providers and models of care involved in integrated health
- Review efforts toward integration and location of resources
- Identify physical symptoms that may have behavioral or substance use origins

Motivational Interviewing (MI): Level 1

**Prerequisites:**
None

**Course Objectives:**
- Become familiar with signs and symptoms of mental health problems
- Learn ALGEE, a mnemonic device that refers to a five-step action plan to intervene and help those with a mental health crisis
- Gain information on resources and treatment options

Overview of Changes to the Diagnostic and Statistical Manual of Mental Disorders

**Prerequisites:**
None

**Course Objectives:**
- List the four processes of MI
- Name the benefits of engagement
- Describe a purpose of focusing
- Discuss differences between change and sustain talk
- List components of planning

Motivational Interviewing (MI): Level 1

**Prerequisites:**
None

**Course Objectives:**
- Become familiar with signs and symptoms of mental health problems
- Learn ALGEE, a mnemonic device that refers to a five-step action plan to intervene and help those with a mental health crisis
- Gain information on resources and treatment options

Motivational Interviewing (MI): Level 1

**Prerequisites:**
None

**Course Objectives:**
- List the four processes of MI
- Name the benefits of engagement
- Describe a purpose of focusing
- Discuss differences between change and sustain talk
- List components of planning

Overview of Changes to the Diagnostic and Statistical Manual of Mental Disorders

**Prerequisites:**
None

**Course Objectives:**
- List the four processes of MI
- Name the benefits of engagement
- Describe a purpose of focusing
- Discuss differences between change and sustain talk
- List components of planning

Overview of Changes to the Diagnostic and Statistical Manual of Mental Disorders

**Prerequisites:**
None

**Course Objectives:**
- List the four processes of MI
- Name the benefits of engagement
- Describe a purpose of focusing
- Discuss differences between change and sustain talk
- List components of planning

Overview of Changes to the Diagnostic and Statistical Manual of Mental Disorders

**Prerequisites:**
None

**Course Objectives:**
- List the four processes of MI
- Name the benefits of engagement
- Describe a purpose of focusing
- Discuss differences between change and sustain talk
- List components of planning
Physical Health 101

Prerequisites: None

Description: Attendees learn the connection between a person's physical medical conditions and mental health. The course also stresses the importance of collaboration among physical and behavioral health providers and staff to improve health and wellness.

Duration: 2 hours
Up to 2 hours of continuing education available

Course Objectives:
- Understand symptoms, diagnoses and treatments of physical and mental health disorders and their impact on each other
- Know the effect on a person’s mental health and well-being from physical illnesses such as hypertension, diabetes, COPD and HIV/AIDS

Positive Psychology: Clinical Tools for Behavioral Health Providers

Prerequisites: None

Description: Providers receive a strong understanding of positive psychology, which focuses on personal growth rather than pathology such as mental illness. Providers also learn useful clinical tools and how to find positive psychology resources for patients.

Duration: 1.5 hours
Up to 1.5 hours of continuing education available

Course Objectives:
- State at least two definitions of positive psychology
- Identify at least three clinical tools to use with members
- Locate positive psychology resources
- Discuss how to guide patients to focus on areas of their lives within their control

Pre-Admission Screening Resident Review (PASRR)

Prerequisites: None

Description: Behavioral health providers in Louisiana learn how to complete a pre-admission screening resident review (PASRR), which evaluates members for evidence of mental illness or intellectual disability and related conditions.

Duration: 1.5 hours
Up to 1.5 hours of continuing education available

Objectives:
- Review the pre-admission screening resident review
- Understand eligibility requirements for a pre-admission screening resident review
- Understand the requirements in submitting a PASRR to state agencies

Providing Independence for Clients: A Provider’s Guide to Successful Client Outcomes and Titrating Services

Prerequisites: None

Description: Providers gain a better understanding of the benefits and best practices of titrating services. The training also reviews skills helpful in graduating clients, such as focusing on recovery, integrated care and being aware of potential barriers.

Duration: 1.5 hours
Up to 1.5 hours of continuing education available

Course Objectives:
- Explain the barriers and benefits of titrating services
- Define best practices for treatment and graduating clients
- Identify resources for providers and clients

Psychotropic Medications

Prerequisites: None

Description: Behavioral health providers learn about the role psychotropic medications play in the treatment of mental health and substance use disorders. The course explains the drugs’ classifications and side effects.

Duration: 1.5 hours
Up to 1.5 hours of continuing education available

Recovery Principles

Prerequisites: None

Description: Providers learn how to help members in recovery from substance use and alcohol to identify characteristics in members that may be barriers or supports to recovery. Also covered is the new working definition of recovery.

Duration: 1.5 hours
Up to 1.5 hours of continuing education available

Course Objectives:
- Understand differences between people "in recovery" and "not in recovery"
- Understand risk and protective factors, resiliency and the guiding principles of recovery
- Discuss ways providers can help a patient in recovery

SMART Goals

Prerequisites: None

Description: Providers learn ways to assist members by using SMART goals – which are specific, measurable, achievable, realistic and timely – as part of members’ efforts to change their behaviors. Goals are tracked to assess members’ progress and compliance.

Duration: 1.5 hours
Up to 1.5 hours of continuing education available

Course Objectives:
- Define SMART goals and apply them to case examples
- Practice using SMART goals format in developing care plans and progress notes
- Review pitfalls to avoid when developing care plans

Strengths Perspective

Prerequisites: None

Description: Traditionally, helping professions focused on deficits and not on interventions that promote positive aspects of self. In this strengths-based treatment course, providers learn about SBT approaches, tools and interventions to promote a path to recovery.

Duration: 1.5 hours
Up to 1.5 hours of continuing education available

Course Objectives:
- Increase knowledge and define core concepts of strengths-based approaches
- Discuss the importance of encouragement
- Practice strengths-based tools and interventions

Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview

Prerequisites: None

Description: Attendees receive an overview of DSM-5 criteria and diagnostic information specific to substance use disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration: 1.5 hours
Up to 1.5 hours of continuing education available

Course Objectives:
- State effects of substance use on the brain reward pathway
- Discuss severity levels of substance use disorders
- List examples of a substance-induced disorder
- Identify location of the 10 separate classes of substances chart in the DSM-5

Substance-Related and Addictive Disorders Module 2: Alcohol-Related Disorders

Prerequisites: Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description: Attendees receive an overview of DSM-5 criteria and
diagnostic information specific to Alcohol-Related Disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration: 
1.5 hours
Up to 1.5 hours of continuing education available*

Objectives: 
• State differences between moderate drinking, binge drinking, and heavy alcohol use
• List the alcohol-related disorders in the DSM-5
• Identify 4 evidenced-based treatments for alcohol use disorders

Substance-Related and Addictive Disorders Module 3: Caffeine-Related Disorders

Prerequisites: 
Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description: 
Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Caffeine-Related Disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration: 
1 hour
Up to 1 hour of continuing education available*

Course Objectives: 
• Identify symptoms of caffeine intoxication and withdrawal
• Identify three risk factors for developing a caffeine use disorder
• Name two treatment modalities effective for treating caffeine-related disorders

Substance-Related and Addictive Disorders Module 5: Hallucinogen-Related Disorders

Prerequisites: 
Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description: 
Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Hallucinogen-Related Disorders. The course also teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration: 
1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives: 
• Name three types of hallucinogens
• List two physical and mental effects of hallucinogen use
• Identify the Hallucinogen-Related Disorders listed in the DSM-5
• State five possible symptoms of a hallucinogen overdose

Substance-Related and Addictive Disorders Module 6: Inhalant-Related Disorders

Prerequisites: 
Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description: 
Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Inhalant-Related Disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration: 
1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives: 
• Identify the four types of inhalants
• Identify how a client will be diagnosed with one of the three severity levels of inhalant abuse
• Recognize medical consequences of inhalant abuse
• Discuss treatment options for inhalant abuse

Substance-Related and Addictive Disorders Module 7: Opioid-Related Disorders

Prerequisites: 
Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description: 
Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Opioid-Related Disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration: 
1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives: 
• Verbalize two forms of opioids and how opioids work in the brain
• Identify evidence-based screening tools and treatment methods
• Identify severity levels of substance use disorders

Substance-Related and Addictive Disorders Module 8: Sedative, Hypnotic, or Anxiolytic-Related Disorders

Prerequisites: 
Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description: 
Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Sedative-Related Disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration: 
1 hour
Up to 1 hour of continuing education available*

Course Objectives: 
• Describe how sedatives, hypnotics and anxiolytics affect the central nervous system
• List the DSM-5 criteria and effective prevention methods
• Verbalize treatment methods

Substance-Related and Addictive Disorders Module 9: Stimulant-Related Disorders

Prerequisites: 
Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description: 
Attendees receive an overview of DSM-5 criteria and diagnostic information specific to stimulant-related disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration: 
1 hour
Up to 1 hour of continuing education available*

Course Objectives: 
• Name two illicit and two prescription stimulants
• Identify three physical/mental effects of stimulant use
• List the stimulant-related disorders in the DSM-5
• Identify three evidenced-based treatments
Substance-Related and Addictive Disorders Module II: Non-Substance-Related Disorders

Prerequisites:
Participants should attend Substance-Related and Addictive Disorders Module I: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description:
Attendees receive an overview of DSM-5 criteria and diagnostic information specific to non-substance-related disorders. The course also reviews alterations that addictions may make to important brain areas needed for life-sustaining functions.

Duration:
1 hour
Up to 1 hour of continuing education available*

Course Objectives:
• State the 11 criteria of gambling use disorder
• Recognize the current difficulties with treatment of gambling use disorder
• Understand the difference between risk factors and protective factors related to suicide
• Identify risk and protective factors related to gambling use disorder
• Complete case scenarios using PHQ-9, AUDIT and SAFE-T
• List three evidence-based treatment methods to treat suicide

Suicide Clinical Risk Training Module 2: Assessment Intervention and Evidence-Based Treatments

Prerequisites:
None

Description:
To help prevent suicide, providers and clinical staff learn assessment tools to screen for depression, anxiety and alcohol use, all of which can increase suicide risk. This course also covers evidence-based treatment interventions.

Duration:
2 hours
Up to 2 hours of continuing education available*

Course Objectives:
• Define teen violence
• List seven major types of violence
• State ways that violence is perpetuated
• Identify options to reduce violence
• Access available resources

Trauma-Informed Care

Prerequisites:
None

Description:
Theories and practices within the health system used to design and implement trauma responsive services that promote health and reduce retraumatization through service delivery.

Duration:
1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives:
• Define trauma and identify types
• Understand the impact of trauma on individuals and services
• Identify characteristics of trauma-informed systems
• Understand the impact of trauma on care providers

Treatment and Documentation Guidelines for Providers

Prerequisites:
None

Description:
Behavioral health providers delivering services are required to document treatment plans, progress and outcomes. Knowledge of documentation skills and SMART goals can assist in maintaining good records for daily practice and clinical audits.

Duration:
1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives:
• Identify evidence-based practices used when treatment planning
• Practice using SMART goal format in treatment planning and progress notes

Suicide Risk - A Clinical Perspective Module I: Suicide Risk Overview

Prerequisites:
None

Description:
Clinicians learn to identify warning signs and risks of suicide. They also learn about protective factors, which ensure vulnerable people are supported and connected with others during difficult times, thus making suicidal behaviors less likely.

Duration:
1 hour
Up to 1 hour of continuing education available*

Course Objectives:
• Identify risk and protective factors related to suicide attempts and suicidal behavior
• Understand the difference between risk factors and warning signs
• List three ways to increase integrated and continuous care to help in suicide prevention

Teen Violence: Recognizing Signs and Trends

Prerequisites:
None

Description:
Teen violence often builds on itself and may escalate from isolated incidents into more pervasive patterns of behavior. Providers learn that recognizing connections between causes and forms of violence is central to prevention and reduction of violence.