

## Clinical Policy: Fetal Surgery in Utero for Prenatally Diagnosed Malformations

Reference Number: CP.MP.129

Last Review Date: 08/18

[Coding Implications](#)

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

### Description

This policy describes the medical necessity requirements for performing fetal surgery. This becomes an option when it is predicted that the fetus will not live long enough to survive delivery or after birth. Therefore, surgical intervention during pregnancy on the fetus is meant to correct problems that would be too advanced to correct after birth.

### Policy/Criteria

- I. It is the policy of health plans affiliated with Centene Corporation® that in-utero fetal surgery (IUPS) is **medically necessary** for any of the following:
  - A. Sacrococcygeal teratoma (SCT) associated with fetal hydrops related to high output heart failure: SCT resection;
  - B. Lower urinary tract obstruction without multiple fetal anomalies or chromosomal abnormalities: urinary decompression via vesico-amniotic shunting;
  - C. Congenital pulmonary airway malformation (CPAM) and extralobar bronchopulmonary sequestration with hydrops (hydrops fetalis): resection of malformed pulmonary tissue, or placement of a thoraco-amniotic shunt;
  - D. Twin-twin transfusion syndrome (TTTS): treatment approach is dependent on Quintero stage, maternal signs and symptoms, gestational age and the availability of requisite technical expertise and include either:
    1. Amnioreduction; or
    2. Fetoscopic laser ablation, with or without amnioreduction when member is between 16 and 26 weeks gestation;
  - E. Twin-reversed-arterial-perfusion sequence (TRAP): ablation of anastomotic vessels of the acardiac twin (laser, radiofrequency ablation);
  - F. Myelomeningocele: repair when all of the following criteria are met:
    1. Singleton pregnancy;
    2. Upper boundary of myelomeningocele located between T1 and S1;
    3. Evidence of hindbrain herniation;
    4. Gestational age 19.0 to < 26 weeks;
    5. Normal fetal karyotype; and
    6. None of the following:
      - a. Severe kyphosis;
      - b. Risk of preterm birth (e.g., short cervix or previous preterm birth);
      - c. Placental abruption;
      - d. Maternal body mass index of  $\geq 35$ ;
      - e. Previous hysterotomy in the active uterine segment.
- II. It is the policy of health plans affiliated with Centene Corporation that in utero fetal surgery is **investigational** for any of the following indications:

## CLINICAL POLICY

### Fetal Surgery in Utero

- A. Open or endoscopic fetal surgery for congenital diaphragmatic hernia (CDH), including temporary tracheal occlusion;
- B. Surgery for heart block, pulmonary valve, or aortic obstruction;
- C. Tracheal atresia or stenosis;
- D. Cleft lip and palate;
- E. In-utero stem cell transplantation;
- F. In-utero gene therapy;
- G. Amnioexchange procedure for gastroschisis.

### Background

#### *Maternal–Fetal Surgery*

Maternal–fetal surgery is a major procedure for the mother and her fetus, and it has significant implications and complications that could occur acutely, postoperatively, for the duration of the pregnancy, and in subsequent pregnancies. For the fetus, safety and effectiveness are variable, and depend on the specific procedure, the reasons for the procedure, and the gestational age and condition of the fetus. Often babies who have been operated on in this manner are born pre-term. Therefore, it should only be offered at facilities with the expertise, multidisciplinary teams, services, and facilities to provide the intensive care required for these patients.

Fetal surgery approaches can be divided into two categories:

- Open fetal surgery is considered when the fetal condition is life threatening, and the intervention is felt to be the only option for fetal survival. A hysterotomy is performed, the fetus is partially removed to expose the area that needs surgery, the fetal abnormality is corrected, and the fetus is returned to the uterus where it continues to develop until delivery.
- Fetoscopic surgery employs minimally invasive techniques and uses small fiberoptic telescopes and instruments to enter the uterus through small surgical openings to correct congenital malformations without major incisions or removing the fetus from the womb. This interim procedure is less traumatic, reduces the chances of preterm labor, and allows the fetus to remain in utero until it has matured enough to survive delivery and neonatal surgical procedures.

#### *Sacroccygeal germ cell tumors*

The prenatal diagnosis of SCT typically occurs during the second trimester during routine sonography. Prenatal diagnosis and close monitoring have improved outcomes for fetal SCT, but overall perinatal mortality remains high. The major goal is to identify fetuses at increased risk of fetal demise because of hydrops fetalis and intervene as appropriate. Hydrops fetalis is a condition of excess fluid accumulation in the fetus that results in significant fetal demise and neonatal mortality. Although criteria for open fetal surgery vary across centers, most include fetuses with high-risk SCT and hydrops developing at a gestational age earlier than appropriate for delivery and neonatal care (eg, 28 to 32 weeks gestation). Contraindications to open fetal surgery for SCT include type III or IV Altman type tumors, severe placentomegaly, cervical shortening, and maternal medical issues.<sup>10</sup>

#### *Lower Urinary Tract Obstruction*

The prenatal diagnosis of lower urinary tract obstructions typically occurs during the first or second trimester during routine sonography. Outcomes range from clinically insignificant to in-

utero fetal demise. Vesicoamniotic shunts can be a temporizing measure and provide a survival advantage in a select cohort of fetuses with urinary tract obstruction.<sup>20</sup>

*Congenital pulmonary airway malformation*

CPAM is one of the most common lung lesions diagnosed prenatally, although the birth prevalence is quite low. Prenatal diagnosis is typically made by ultrasonography. CPAMs presenting prenatally are classified macrocystic or microcystic based on ultrasound appearance. Approximately, 50% of the masses resolve before delivery while the remainder persists until delivery. Hydrops can develop with either micro or macrocystic lesions due to hemodynamic alterations from vena cava obstruction, cardiac displacement/compression and require prenatal intervention. The presence of hydrops is a sign for impending fetal demise (risk of death approaches 100 percent in the absence of intervention) and thus it is an indication for fetal intervention. For hydropic fetuses over 32 to 34 weeks of gestation, early delivery with immediate postnatal resection is a reasonable option. Ex utero intrapartum therapy (EXIT) has been used to stabilize fetuses with large lesions expected to have difficulty breathing at delivery. In EXIT, the fetus is partially delivered and intubated without clamping the umbilical cord. Uteroplacental blood flow and gas exchange are maintained by using inhalational agents to provide uterine relaxation and amnioinfusion to maintain uterine volume. This provides time for resection of the lung mass prior to complete delivery of the infant. For hydropic fetuses between 20 and 32 weeks of gestation, the choice of the best invasive approach depends on the type of anomaly (macro- versus microcystic). Drainage procedures are used for CPAMs with dominant cysts, while solid masses are treated by resection or ablation.<sup>11</sup>

*Twin-twin transfusion syndrome*

TTTS occurs in approximately 10–15% of monochorionic–diamniotic pregnancies and results from the presence of arteriovenous anastomoses in a monochorionic placenta. In the affected pregnancy, there is an imbalance in the fetal–placental circulations, whereby one twin transfuses the other. It usually presents in the second trimester. Once the diagnosis of twin–twin transfusion syndrome has been made, the prognosis depends on gestational age and severity of the syndrome. Staging is commonly performed via the Quintero staging system and treatment is by laser coagulation or amnioreduction, often in collaboration with an expert in twin–twin transfusion syndrome diagnosis and management.<sup>19</sup>

*Twin reversed-arterial-perfusion*

Twin reversed-arterial-perfusion sequence (TRAP) is a rare unique serious complication of monochorionic twin pregnancy in which a twin with an absent or a nonfunctioning heart, (“acardiac twin”), is perfused by its co-twin (“pump twin”) via placental arterial anastomoses. The acardiac twin usually has a poorly developed heart, upper body, and head. The pump twin is at risk of heart failure and problems related to preterm birth. Current treatment modalities target occlusion of the umbilical cord of the acardiac twin and include laser coagulation, bipolar cord coagulation, and radiofrequency ablation (RFA).<sup>13</sup>

*Guideline Recommendations*

The American College of Obstetricians and Gynecologists and the Society for Maternal–Fetal Medicine have developed recommendations for myelomeningocele repair. Open maternal–fetal surgery for myelomeningocele repair has been demonstrated to improve a number of important

## CLINICAL POLICY

### Fetal Surgery in Utero

pediatric outcomes at the expense of procedure-associated maternal and fetal risks. Women with pregnancies complicated by fetal myelomeningocele who meet established criteria for in utero repair should be counseled in nondirective fashion regarding all management options, including the possibility of open maternal–fetal surgery. Interested candidates for fetal myelomeningocele repair should be referred for further assessment and consultation to a fetal therapy center that offers this intervention and possesses the expertise, multi-disciplinary team, services, and facilities to provide detailed information regarding maternal–fetal surgery and the intensive care required for patients who choose to undergo open maternal–fetal surgery.<sup>9</sup>

#### Coding Implications

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CPT® Codes	Description
59001	Amniocentesis; therapeutic amniotic fluid reduction (includes ultrasound guidance)
59076	Fetal shunt placement, including ultrasound guidance
59897	Unlisted fetal invasive procedure, including ultrasound guidance

HCPCS Codes	Description
S2401	Repair, urinary tract obstruction in the fetus, procedure performed in utero
S2402	Repair, congenital cystic adenomatoid malformation in the fetus, procedure performed in utero
S2403	Repair, extralobar pulmonary sequestration in the fetus, procedure performed in utero
S2404	Repair, myelomeningocele in the fetus, procedure performed in utero
S2405	Repair of sacrococcygeal teratoma in the fetus, procedure performed in utero
S2409	Repair congenital malformation of fetus, procedure performed in utero, not otherwise classified
S2411	Fetoscopic laser therapy for treatment of twin-to-twin transfusion

#### ICD-10-CM Diagnosis Codes that Support Coverage Criteria

ICD-10-CM Code	Description
D43.4	Neoplasm of uncertain behavior of spinal cord
O30.021- O30.029	Conjoined twin pregnancy [twin reversed arterial perfusion (TRAP)]

**CLINICAL POLICY**  
**Fetal Surgery in Utero**

ICD-10-CM Code	Description
O31.031- O31.039	Twin pregnancy, monochorionic/diamniotic
O35.0XX0- O35.9XX9	Maternal care for known or suspected fetal abnormality and damage
O36.20X0- O36.23X9	Maternal care for hydrops fetalis
O43.021 - O43.029	Fetus-to-fetus placental transfusion syndrome
Q05.0-Q05.9	Spina Bifida
Q33.0	Congenital cystic lung
Q33.2	Sequestration of lung
Q33.3	Agenesis of lung
Q33.6	Congenital hypoplasia and dysplasia of lung
Q34.0-Q34.9	Other Congenital malformations of respiratory system
Q62.31- Q62.39	Other obstructive defects of renal pelvis and ureter
Q64.2	Congenital posterior urethral valves
Q64.31- Q64.39	Other atresia and stenosis of urethra and bladder neck
Q89.4	Conjoined twins
Q89.8	Other specified congenital malformations

Reviews, Revisions, and Approvals	Date	Approval Date
Policy adopted from HN NMP344 Fetal Surgery in Utero for Prenatally Diagnosed Malformations.	09/16	10/16
Removed gestational age requirements from sections: IA.1, treatment of sacrococcygeal teratoma and IA.3 congenital pulmonary airway malformation or bronchopulmonary sequestration. Removed specific criteria from IA.2, Vesico-amniotic shunting as a treatment of lower urinary tract obstruction to allow procedure per the discretion of the treating surgeon. Updated background with more recent recommendations from ACOG committee opinion. Code updates.	09/17	10/17
Reworded section I.A# 1-5 for clarification. Removed EXIT procedure from I.A. as the procedure is an “ex utero procedure.” Updated background information. Removed I.B,to defer to the discretion of the treating surgeon. References reviewed and updated.	08/18	08/18
Myelomeningocele repair: clarified that “no history of previous hysterotomy in the active uterine segment should be “history of previous hysterotomy in the active uterine segment.	10/18	

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### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

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## CLINICAL POLICY

### Fetal Surgery in Utero

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