

# Clinical Policy: Opioid Use Disorder (OUD) treatment in Opioid Treatment Programs

(OTPs or Methadone clinics) Reference Number: LA.CP.MP.503c Date of Last Revision: 1/23

**Revision Log** 

# See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

### Description

To outline LHCC's reimbursement of Opioid Use Disorder (OUD) treatment in Opioid Treatment Programs (OTPs or Methadone clinics).

#### **Policy/Criteria**

Effective January 20, 2020, LHCC will add coverage of Methadone as an authorized medication for OUD treatment provided in OTPs. Members/enrollees admitted to an OTP for treatment must be at least 18 years old, unless the member/enrollee has consent from a parent or legal guardian, if applicable, and has been addicted to opiates for at least one year or meets federal exceptions, as determined by a physician. Reimbursement for Methadone for OUD treatment will only be made to OTPs, which are federally approved by SAMHSA and the DEA, and regulated by LDH, which includes OBH and HSS. A provider subspecialty code 8V has been established for the OTPs/Methadone clinics as sole source providers.

Provider Subspecialty	Provider Subspecialty	Associated
Code	Description	Provider Type / Specialty
8V	Methadone Clinic	

The 8V subspecialty has two bundled rate options. H0020 will be used for a bundled rate reimbursement for Methadone treatment. H0047 will be used for a bundled rate for Buprenorphine treatment but excludes the ingredient cost of the medication. Buprenorphine medication will be billed separately using the applicable J-codes (J0571-J0575) depending on dosage amounts.

Bundled rates for the OTPs will facilitate the practical needs of patient centered treatment in the administration of Medication Assisted Treatment (MAT) to integrate the provision of counseling and medical services. It strengthens recovery and decreases recidivism in patients diagnosed within the substance use disorder spectrum.

The table below provides an explanation of available codes for the OTPs/Methadone clinics.

Code	Explanation of Benefits				
H0020	<ul> <li>Methadone Bundled Rate</li> <li>Bundled rate includes all state and federal regulatory mandated components of treatment. Services include but are not limited to the following:</li> </ul>				
	• <b>Medication:</b> This includes the administration, dosing, and dispensing of Methadone as per the patient's treatment plan.				



	• <b>Counseling:</b> Patients are <u>required</u> to participate in group or individual sessions as part of the patient's treatment plan.				
	<ul> <li>Urine Drug Testing: This includes the urine drug testing or other laborator</li> </ul>				
	tests deemed medically necessary.				
	• Physical examinations by a physician or advanced practice registered nurse.				
	• Evaluation and management visits.				
	Case management.				
	Laboratory services.				
	The OTP may be reimbursed for the bundled rate for participants receiving take-home doses in accordance with state and federal regulations and the patient's treatment plan phase.				
	Guest dosing occurs when a patient receives Methadone dosing at another OTP other than their primary/home-based OTP clinic. The guest dosing provider will bill for the				
	bundled rate and provide clinical care, if appropriate, that is coordinated with the "home" provider and Methadone Central Registry (MCR) to ensure correct dosing.				
H0047	Buprenorphine Bundled Rate				
	Bundled rate includes all components of treatment, except for the Buprenorphin medication. Services include but are not limited to the following:				
	• Assessment and individualized plan of care.				
	• Individual and group counseling.				
	Urine Drug Testing or laboratory testing.				
	Coordination of medically necessary services.				
	Buprenorphine medication will be billed separately using the applicable J-codes (J0571-				
	J0575) depending on dosage amounts.				

Reviews, Revisions, and Approvals	Revision Date	Approval Date
Created Policy	1/20/20	6/25/20
Updated age requirements. Changed Date to Revision Date in Revision Log. Changed Last Revision Date to Date of Last Revision in Header. Changed Important Reminder section.	1/23	4/3/23

#### **References/Attachments**

Specialized Behavioral Health Fee Schedule on the Louisiana Medicaid website at https://www.lamedicaid.com

## Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted



standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. LHCC makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved.

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This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members/enrollees. This clinical policy is not intended to recommend treatment for members/enrollees. Member/enrollees should consult with their treating physician in connection with diagnosis and treatment decisions.

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