

## **Adopted Clinical Practice and Preventive Health Guidelines**

Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
Asthma	2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group	U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health- topics/asthma-management- guidelines-2020-updates	Feb-2025
	2024 GINA Report, Global Strategy for Asthma Management and Prevention.	Global Initiative for Asthma (GINA)	https://ginasthma.org/reports/	Feb-2025
	VA/DoD Clinical Practice Guideline: The Primary Care Management of Asthma (2019)	Department of Veterans Affairs and the Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/cd/asthma/	Feb-2025
Back Pain	VA/DoD Clinical Practice Guideline for the Diagnosis and Treatment of Low Back Pain. (2022).	Department of Veterans Affairs and the Department of Defense (VA/DoD)	https://www.healthquality.va.gov /guidelines/pain/lbp/	Feb-2025
	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (April 2017)	American College of Physicians	https://www.acpjournals.org/doi/10 .7326/M16-2367	Feb-2025
	Diagnosis and Treatment of Low Back Pain (2020)	North American Spine Society (NASS)	https://www.spine.org/Portals/0/ass ets/downloads/ResearchClinicalCar e/Guidelines/LowBackPain.pdf	Feb-2025
Cancer	ASCO Guidelines by Clinical Area	American Society of Clinical Oncology	https://ascopubs.org/jco/special/guidelines	Feb-2025



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	ASTRO Guidelines by Clinical Area	American Society for Radiation Oncology (ASTRO)	https://www.astro.org/Patient-Care- and-Research/Clinical-Practice- Statements/Clinical-Practice- Guidelines	Feb-2025
	NCCN Guidelines Treatment by Cancer Type	National Comprehensive Cancer Network® (NCCN)	https://www.nccn.org/guidelines/ca tegory_1	Feb-2025
Cardiovascular Disease	Expert Panel on Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents. The Report of the Expert Panel (October 2012)	U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health- topics/integrated-guidelines-for- cardiovascular-health-and-risk- reduction-in-children-and- adolescents	February- 2025
	Routine Assessment and Promotion of Physical Activity in Healthcare Settings; A scientific statement from the American heart association (Circulation 2018; 137:e495–e522)	American Heart Association (AHA)	https://www.ahajournals.org/doi/10 .1161/CIR.000000000000559	February- 2025
	American College of Cardiology Clinical Practice Guidelines by Topic (Publication Dates Vary)	American College of Cardiology	https://www.acc.org/Guidelines	February- 2025
	The Care of Children with Congenital Heart Disease in Their Primary Medical Home (2017)	American Academy of Pediatrics (AAP) and the American College of Cardiology (ACC)	https://publications.aap.org/pediatr ics/article/140/5/e20172607/37782 /The-Care-of-Children-With- Congenital-Heart-Disease	February- 2025



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Chronic Obstructive Pulmonary Disease	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2025 Report)	The Global Initiative for Chronic Obstructive Lung Disease (GOLD)	https://goldcopd.org/2025-gold-report/	Feb-2025
	Pharmacologic Management of Chronic Obstructive Pulmonary Disease. An Official American Thoracic Society Clinical Practice Guideline. (2020)	American Thoracic Society	https://www.atsjournals.org/doi/10 .1164/rccm.202003-0625ST	Feb-2025
	Clinical Practice Guideline for the Management of Chronic Obstructive Pulmonary Disease (2021)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/g uidelines/cd/copd/	Feb-2025
Congenital Disorders	The Care of Children with Congenital Heart Disease in Their Primary Medical Home. (2017)	American Academy of Pediatrics (AAP) and the American College of Cardiology (ACC)	https://publications.aap.org/pediatrics/article/140/5/e20172607/37782/ The-Care-of-Children-With-Congenital-Heart-Disease	Feb-2025
	Guideline for the Management of Adults with Congenital Heart Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. (2018)	American Heart Association (AHA) and the American College of Cardiology Foundation. (ACC)	https://www.ahajournals.org/doi/10. 1161/CIR.0000000000000083	Feb-2025
Coronavirus Disease 2019 (Covid-19)	Overview of Testing for SARS-CoV-2 (COVID-19) (Updated August 2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/covid/hcp/clini c al-care/overview-testing-sars-cov- 2.html	Feb-2025



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	IDSA Guidelines of the Treatment and Management of Patients with COVID-19 (Updated August 2024)	Infectious Disease Society of America (IDSA)	https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/	Feb-2025
	Clinical Management of COVID- 19: Living Guideline (August 2023)	World Health Organization (WHO)	https://www.who.int/publications/i/i tem/WHO-2019-nCoV-clinical-2023.2	Feb-2025
Critical Care	Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021	Society of Critical Care Medicine and European Society of Intensive Care Medicine.	https://journals.lww.com/ccmjournal/Fulltext/2021/11000/SurvivingSepsis_Campaign_International.21.aspx	Feb-2025
	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)	Journal of the American Medical Association	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4968574/	Feb-2025
Diabetes	American Association of Clinical Endocrinology Clinical Practice Guideline: Developing a Diabetes Mellitus Comprehensive Care Plan—2022 Update	American Association of Clinical Endocrinologists and American College of Endocrinology	https://www.endocrinepractice.org/article/S1530-891X(22)00576-6/fulltext	Feb-2025
	Standards of Care in Diabetes- 2024 (Volume 47, Issue Supplement 1)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/iss ue/47/Supplement_1	Feb-2025
	VA/DoD Clinical Practice Guidelines Management of Type 2 Diabetes Mellitus (2023)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/gu idelines/cd/diabetes/	Feb-2025
Dyslipidemia	2018 AHA/ACC/AACVPR/AAPA/ABC/ ACPM/ADA/AGS/APhA/ASPC/N L A/PCNA Guideline on the Management of Blood Cholesterol	American College of Cardiology (ACC), American Heart Association (AHA) Task Force on Clinical Practice Guidelines	https://www.ahajournals.org/doi/1 0.1161/CIR.0000000000000625	February- 2025



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	VA/DoD Clinical Practice Guidelines Management of Dyslipidemia for Cardiovascular Risk Reduction (2020)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/gu i delines/CD/lipids/	February- 2025
Epilepsy	Guidelines by Topic: Epilepsy (Publication Dates Vary)	American Academy of Neurology and American Epilepsy Society	https://www.aesnet.org/clinical- care/clinical-guidance/guidelines	Feb-2025
Frailty and Special Populations	American Geriatrics Society 2023 Updated AGS Beers Criteria® for Potentially Inappropriate Medication Use in Older Adults.	American Geriatrics Society (AGS)	https://agsjournals.onlinelibrary.wile y.com/doi/epdf/10.1111/jgs.18372	Feb-2025
Hemophilia	WFH Guidelines for the Management of Hemophilia 3rd Edition	World Federation of Hemophilia	https://www1.wfh.org/publications/files/pdf-1863.pdf	Feb-2025
	International Society on Thrombosis and Haemostasis clinical practice guideline for treatment of congenital hemophilia A and B based on the Grading of Recommendations Assessment, Development, and Evaluation methodology	International Society on Thrombosis and Haemostasis	https://www.jthjournal.org/article/S1 538-7836(24)00318-0/fulltext	February- 2025
HIV/AIDS	Human Immunodeficiency Virus (HIV) Infection: Screening. (2019 – update in progress).	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicesta skforce.org/uspstf/recommendation /human-immunodeficiency-virus- hiv-infection-screening	Feb-2025
	Prevention of Human Immunodeficiency Virus (HIV) Infection: Preexposure Prophylaxis. (2023)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicesta skforce.org/uspstf/recommendation /prevention-of-human- immunodeficiency-virus-hiv- infection-pre-exposure-prophylaxis	Feb-2025



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	Routine Human Immunodeficiency Virus Screening. (2014- reaffirmed 2020).	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2014/05/routine-human-immunodeficiency-virus-screening	Feb-2025
	Federally Approved Clinical Practice Guidelines for HIV/AIDS	U.S. Department of Health and Human Services (HHS) National Institutes of Health (NIH)	https://clinicalinfo.hiv.gov/en/guide lines	Feb-2025
Hypertension	2017 ACC/AHA/AAPA/ABC/ACPM/ AGS/APhA/ASH/ASPC/NMA/PC NA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults; A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines	Journal of the American College of Cardiology (ACC)	https://www.jacc.org/doi/10.1016/jjacc.2017.11.006	Feb-2025
	Blood Pressure Targets in Adults With Hypertension: A Clinical Practice Guideline From the AAFP (2022)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issues/ es/ 2022/1200/practice-guidelines-aafp- hypertension-full-guideline.html	February- 2025
	2020 International Society of Hypertension Global Hypertension Practice Guidelines	American Heart Association (AHA) International Society of Hypertension (ISH)	https://ish-world.com/global- hypertension-practice-guidelines/	Feb-2025
	VA/DoD Clinical Practice Guidelines Diagnosis and Management of Hypertension (HTN) in Primary Care (2020)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/gu  i delines/CD/htn/index.asp	February- 2025



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Immunizations	Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the ACIP United States, 2024-2025 Influenza Season	Advisory Committee on Immunization Practices (ACIP)	https://www.cdc.gov/mmwr/volume s/72/rr/rr7202a1.htm	Feb-2025
	Adult Immunization Schedule. Recommendations for Ages 19 years or older, United States, 2025	Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices (ACIP)	https://www.cdc.gov/vaccines/hcp/im z-schedules/adult- age.html?CDC_AAref_Val=https://w ww.cdc.gov/vaccines/schedules/hcp/ i mz/adult.html	Feb-2025
	Child and Adolescent Immunization Schedule. Recommendations for Ages 18 years or younger, United States, 2025	Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices (ACIP)	https://www.cdc.gov/vaccines/hcp/im z-schedules/child-adolescent- age.html?CDC_AAref_Val=https://w ww.cdc.gov/vaccines/schedules/hcp/ i mz/child-adolescent.html	Feb-2025
Lead Poisoning	CDC Childhood Lead Poisoning Prevention Program	Advisory Committee on Childhood Lead Poisoning Prevention (ACCLPP)	https://www.cdc.gov/nceh/lead/	Feb-2025
	Guideline for clinical management of exposure to lead (2021)	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789240037045	Feb-2025
Long-Term Care	Transitions of Care in the Long- Term Care Continuum Clinical Practice Guidelines	American Medical Directors Association (AMDA) The Society for Post-Acute and Long-Term Care Medicine	https://paltc.org/products/results?pr oduct_type=27	Feb-2025
Opioids for Chronic Pain	CDC Guideline for Prescribing Opioids for Pain- United States, 2022.	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm?s_cid=rr7103a1.htm w	Feb-2025



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	VA/DoD Clinical Practice Guidelines Use of Opioids in the Management of Chronic Pain (2022)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/gu idelines/pain/cot/	Feb-2025
Osteoporosis	Clinical Practice Guidelines for the Diagnosis and Treatment of Postmenopausal Osteoporosis. (2020 Update).	American Association of Clinical Endocrinologists (AACE) and American College of Endocrinology (ACE)	https://www.endocrinepractice.or g/article/S1530-891X(20)42827- 7/fulltext	Feb-2025
	ACOG Clinical Practice Bulletin No. 1. Osteoporosis Prevention, Screening, and Diagnosis (2021).	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinic al-guidance/clinical-practice- guideline/articles/2021/09/osteopor osis-prevention-screening-and- diagnosis	Feb-2025
	ACOG Clinical Practice Guideline No. 2. Management of Postmenopausal Osteoporosis (April 2022)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical -guidance/clinical-practice- guideline/articles/2022/04/managem e nt-of-postmenopausal-osteoporosis	February- 2025
	Pharmacological Management of Osteoporosis in Postmenopausal Women: An Endocrine Society Guideline Update (2020)	Endocrine Society	https://www.endocrine.org/clinical- practice-guidelines/osteoporosis-in- postmenopausal-women	Feb-2025
Palliative Care	Clinical Practice Guidelines for Quality Palliative Care 4 <sup>th</sup> Edition	National Coalition for Hospice and Palliative Care	https://www.nationalcoalitionhpc.org/ncp/	Feb-2025
Perinatal Care	AFP by Topic: Prenatal (Publication dates vary)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/top ics/by-topic.prenatal-care.html	Feb-2025
	AFP by Topic: Labor, Delivery, and Post-Partum Issues (Publication dates vary)		https://www.aafp.org/pubs/afp/topi cs/by-topic.labordeliveryand- postpartum-issues.html	



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	Guidelines for Perinatal Care, Eighth Edition (2017)	American College of Obstetricians and Gynecologists (ACOG)	Available online for ACOG members only. <a href="https://www.acog.org/store/products/clinical-resources/guidelines-for-perinatal-care">https://www.acog.org/store/products/clinical-resources/guidelines-for-perinatal-care</a>	Feb-2025
Pneumonia	Management of Adults with Hospital-acquired and Ventilator-associated Pneumonia: 2016 Clinical Practice Guidelines by the Infectious Diseases Society of America and the American Thoracic Society.	American Thoracic Society (ATS), Infectious Diseases Society of America (IDSA)	https://www.thoracic.org/statement s/resources/tb-opi/hap-vap- guidelines-2016.pdf	Feb-2025
	Diagnosis and Treatment of Adults with Community- acquired Pneumonia. An Official Practice Guideline of the American Thoracic Society and Infectious Diseases Society of America. (Published 2019)	American Thoracic Society (ATS), Infectious Diseases Society of America (IDSA)	https://www.idsociety.org/practice-guideline/community-acquired-pneumonia-cap-in-adults/	Feb-2025
Preventive Care (Adults)	Adult Preventive Service Recommendations (Grades A and B)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestas kforce.org/uspstf/topic_search_resul ts?topic_status=P&grades%5B%5D=A &grades%5B%5D=B&age_group%5B %5D=10&age_group%5B%5D=66&se archterm=	Feb-2025
	Morbidity and Mortality Weekly Report (MMWR) Recommendations for Well- Woman Care	Centers for Disease Control and Prevention (CDC)  Women's Preventive Services Initiative (WPSI), American College of Obstetricians and Gynecologists (ACOG)	http://www.cdc.gov/mmwr/  https://www.womenspreventivehealt h.org/wellwomanchart/	Feb-2025 February- 2025



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Preventive Care (Pediatrics)	Periodicity of Examination, Preventive Dental Services, Anticipatory Guidance/Counseling, and Oral Treatment for Infants, Children, and Adolescents	American Academy of Pediatric Dentistry (AAPD)	https://www.aapd.org/research/oral -health-policies recommendations/periodicity-of- examination-preventive-dental- services-anticipatory-guidance- counseling-and-oral-treatment-for- infants-children-and-adolescents/	Feb-2025
	Adolescent and Pediatric Preventive Service Recommendations	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestas kforce.org/uspstf/topic_search_resul ts?topic_status=P&grades%5B%5D=A &grades%5B%5D=B&age_group%5B %5D=9&age_group%5B%5D=8&searc hterm=	Feb-2025
	Periodicity Schedule: Recommendations for Preventive Pediatric Health Care (2024)	Bright Futures/American Academy of Pediatrics	https://www.aap.org/periodicitysch edule	Feb-2025
Respiratory Illness	Adult and Pediatric treatment recommendations	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic- use/hcp/clinical- care/?CDC_AAref_Val=https://www. c dc.gov/antibiotic-use/clinicians.html	Feb-2025
	AFP by Topic: Respiratory Tract Infections (Publication dates vary)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/topics/by-topic.respiratory-tractinfections.html	Feb-2025
Rheumatoid Arthritis	2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis	American College of Rheumatology (ACR)	https://www.rheumatology.org/P ortals/0/Files/2021-ACR- Guideline-for-Treatment- Rheumatoid-Arthritis-Early- View.pdf	Feb-2025



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Sickle Cell	Evidence-Based Management of Sickle Cell Disease: Expert Panel report, 2014	National Institutes of Health Heart, Lung, and Blood Institute (NIH)	https://www.nhlbi.nih.gov/health- topics/evidence-based- management-sickle-cell-disease	Feb-2025
	ASH Clinical Practice Guidelines on Sickle Cell Disease	American Society of Hematology	https://www.hematology.org/educa tion/clinicians/guidelines-and- quality-care/clinical-practice- guidelines/sickle-cell-disease- guidelines	Feb-2025
Special Health Care Needs of Adolescents	National Standards for Systems of Care for Children and Youth with Special Health Care Needs (2017)	Association Of Maternal and Child Health Programs and the National Academy for State Health Policy	https://www.nashp.org/wp- content/uploads/2019/10/Standards -for-Systems-of-Care-for-Children- and-Youth-with-Special-Health- Care-Needs-Version-2.0.pdf	Feb-2025
Tobacco Cessation	Tobacco and Nicotine Cessation During Pregnancy. Committee Opinion No. 807 (May 2020, Reaffirmed 2023)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy	Feb-2025
	Cessation Materials for State Tobacco Control Programs	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/tobacco/quit_smoking/cessation/index.htm	Feb-2025
	Tobacco Smoking Cessation in Adults, Including Pregnant Persons: Interventions (2021)	United Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicesta skforce.org/uspstf/recommendation /tobacco-use-in-adults-and- pregnant-women-counseling-and- interventions	Feb-2025
	Tobacco Use in Children and Adolescents: Primary Care Interventions (April 2020, update in progress)	United Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicesta skforce.org/uspstf/recommendation /tobacco-and-nicotine-use- prevention-in-children-and- adolescents-primary-care- interventions	Feb-2025



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	WHO clinical treatment guideline for tobacco cessation in adults	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789240096431	February- 2025
	NCCN Clinical Practice Guidelines in Oncology, Smoking Cessation, Version 3.2022	National Comprehensive Cancer Network (NCCN)	https://jnccn.org/view/journals/jnccn/ 21/3/article-p297.xml	February- 2025
Traumatic Brain Injury (TBI)	Management and Rehabilitation of Post-Acute Mild Traumatic Brain Injury (mTBI) (2021)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/rehab/mtbi/	Feb-2025
Weight management	Pediatric Obesity-Assessment, Treatment, and Prevention: An Endocrine Society Clinical Practice Guideline	Endocrine Society	https://academic.oup.com/jcem/article/102/3/709/2965084	February 2025
	Clinical Practice Guidelines For The Perioperative Nutrition, Metabolic, and Nonsurgical Support of Patients Undergoing Bariatric Procedures – 2019 Update: Cosponsored By American Association of Clinical Endocrinologists/American College of Endocrinology, The Obesity Society, American Society For Metabolic & Bariatric Surgery, Obesity Medicine Association, and American Society of Anesthesiologists	American Association of Clinical Endocrinologists (AACE), The Obesity Society, American Society of Metabolic and Bariatric Surgery, Obesity Medicine Association, and American Society of Anesthesiologists	https://www.endocrinepractice.org/a rticle/S1530-891X(20)42802- 2/fulltext	February 2025



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	Medical Nutrition Therapy Interventions Provided by Dietitians for Adult Overweight and Obesity Management: An Academy of Nutrition and Dietetics Evidence-Based Practice Guideline (2022)	Academy of Nutrition and Dietetics	https://www.jandonline.org/article/S 2212-2672(22)01200-X/fulltext	Feb-2025
	IFSO-WGO Guidelines on Obesity (2023)	World Gastroenterology Organization and International Federation for the Surgery of Obesity and Metabolic Diseases (IFSO)	https://www.worldgastroenterology.org/guidelines/obesity/obesity-english	February- 2025
	American Association of Clinical Endocrinologists and American College of Endocrinology Comprehensive Clinical Practice Guidelines for Medical Care of Patients with Obesity	American Association of Clinical Endocrinologists and American College of Endocrinology	https://www.endocrinepractice.org /article/S1530-891X(20)44630- 0/fulltext	Feb-2025
	Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity (2023)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatr ics/article/151/2/e2022060640/190 443/Clinical-Practice-Guideline- for-the-Evaluation- and?autologincheck=redirected	Feb-2025
	Final Recommendation Statement High Body Mass Index in Children and Adolescents: Interventions	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicesta skforce.org/uspstf/recommendation /obesity-in-children-and- adolescents-screening	Feb-2025
	VA/DoD Clinical Practice Guideline Management of Adult Overweight and Obesity (OBE) (2020)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/cd/obesity/	Feb-2025



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	AGA Clinical Practice Guideline on Pharmacological Interventions for Adults with Obesity (2022)	American Gastroenterological Association (AGA)	https://www.gastrojournal.org/article/S0016-5085(22)01026-5/fulltext#secsectitle0435	Feb-2025
Zika Virus	Clinical Testing and Diagnosis for Zika Virus Disease (May 15, 2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/zika/hcp/diagnosis- testing/?CDC_AAref_Val=https://www.cdc.gov/zika/hc- providers/testing-guidance.html	Feb-2025

Behavioral Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
Antipsychotic Prescribing for Children and Adolescents	Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents (March 2019)	Substance Abuse and Mental Health Services Administration (SAMSHA)	https://www.samhsa.gov/resource/ ebp/guidance-strategies-promote- best-practice-antipsychotic- prescribing-children	Feb-2025
Anxiety Disorders	Generalized Anxiety Disorder and Panic Disorder in Adults	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issue s/2022/0800/generalized-anxiety- disorder-panic-disorder.html	Feb-2025
	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders (May 2020)	American Academy of Child and Adolescent Psychiatry (AACAP)	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders - Journal of the American Academy of Child & Adolescent Psychiatry (jaacap.org)	Feb-2025
	Clinical Practice Review for Social Anxiety Disorder (2015)	Anxiety and Depression Association of America (ADAA)	https://adaa.org/resources- professionals/clinical-practice- review-social-anxiety	Feb-2025



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Attention–Deficit / Hyperactivity Disorder in Children and Adolescents	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (2019, Correction March 2020)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatric s/article/144/4/e20192528/81590/Cli nical-Practice-Guideline-for-the- Diagnosis	February- 2025
Autism Spectrum Disorder	Practice Parameter for the Assessment and Treatment of Children and Adolescents With Autism Spectrum Disorder (February 2014)	American Academy of Child and Adolescent Psychiatry (AACAP)	https://www.jaacap.org/article/S08 90-8567(13)00819-8/fulltext	Feb-2025
Autism Spectrum Disorder	Identification, Evaluation, and Management of Children with Autism Spectrum Disorder (2020)	American Academy of Pediatrics	https://publications.aap.org/pediatri cs/article/145/1/e20193447/36917/I dentification-Evaluation-and- Management-of	Feb-2025
	Applied Behavioral Analysis Practice Guidelines for the Treatment of Autism Spectrum Disorder Third Edition (April 2024)	The Council of Service Providers (CASP)	https://www.casproviders.org/stand ards-and-guidelines	Feb-2025
	Practice Parameters for Telehealth- Implementation of Applied Behavior Analysis, Second Edition (2021)	The Council of Service Providers (CASP)	https://www.casproviders.org/stand ards-and-guidelines	Feb-2025
Dementia	Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (2016)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890426807	Feb-2025
	Evaluation of Dementia and Age- Related Cognitive Change (2021)	American Psychological Association (APA)	https://www.apa.org/practice/guid elines/guidelines-dementia-age- related-cognitive-change.pdf	Feb-2025



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Depressive Disorder	Management of Major Depressive Disorder (2022)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/MH/mdd/	Feb-2025
	Nonpharmacologic and Pharmacologic Treatments of Adults in the Acute Phase of Major Depressive Disorder: A Living Clinical Guideline	American College of Physicians (ACP)	https://www.acpjournals.org/doi/10. 7326/M22-2056	February- 2025
	Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (2019)	American Psychological Association	https://www.apa.org/depression-guideline	Feb-2025
	Clinical Practice Review for Major Depressive Disorder (MDD) (2020)	Anxiety and Depression Association of America (ADAA)	https://adaa.org/resources- professionals/practice-guidelines- mdd	Feb-2025
	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Major and Persistent Depressive Disorders (May 2023)	American Academy of Child and Adolescent Psychiatry (AACAP)	https://www.jaacap.org/action/sh owPdf?pii=S0890- 8567%2822%2901852-4	Feb-2025
Eating Disorders	Practice Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition (2023)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424865	Feb-2025
	Clinical Practice Guideline for Multicomponent Behavioral Treatment of Obesity and Overweight in Children and Adolescents (March 2018)	American Psychological Association (APA)	https://www.apa.org/obesity- guideline	Feb-2025
Obsessive Compulsive Disorder (OCD)	Clinical Practice review for OCD (2015)	Anxiety and Depression Association of America (ADAA)	https://adaa.org/resources- professionals/practice-guidelines- ocd	Feb-2025



Behavioral Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	Practice Parameter for the Assessment and Treatment of Children and Adolescents with Obsessive-Compulsive Disorder (2012)	American Academy of Child and Adolescent Psychiatry (AACAP)	https://www.jaacap.org/article/S08 90-8567(11)00882-3/fulltext	Feb-2025
Opioid Use Disorder and Treatment	Clinical Practice Guideline for the Management of Substance Use Disorders (2021)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/mh/sud/	Feb-2025
	Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (January 2018)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/sites/defau lt/files/d7/priv/sma18-5054.pdf	Feb-2025
	Federal Guidelines for Opioid Treatment Programs (2024)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://library.samhsa.gov/product /federal-guidelines-opioid- treatment-programs-2024/pep24- 02-011	Feb-2025
	National Practice Guideline for the Treatment of Opioid Use Disorder (2020)	American Society of Addiction Medicine (ASAM)	https://www.asam.org/quality- care/clinical-guidelines/national- practice-guideline	Feb-2025
	American Society of Addiction Medicine. ASAM Criteria 4 <sup>th</sup> Edition (2023)	American Society of Addiction Medicine (ASAM)	https://www.asam.org/asam- criteria	Feb-2025
	Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (2018)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.978161537	Feb-2025
	Substance Abuse and Mental Health Services Administration. Evidence-based Practices Resource Center	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/resource-search/ebp	Feb-2025



Behavioral Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	Opioid Use and Opioid Use Disorder in Pregnancy. ACOG Committee Opinion Number 711 (2012, reaffirmed 2021)	The American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2017/08/opioid-use-and-opioid-use-disorder-in-pregnancy	Feb-2025
	Clinical Practice Guideline on the Management of Stimulant Use Disorder	American Society of Addiction Medicine (ASAM)	https://www.asam.org/quality- care/clinical-guidelines/stimulant- use-disorders	Feb-2025
	Clinical Practice Guideline on Alcohol Withdrawal Management	American Society of Addiction Medicine (ASAM)	https://www.asam.org/quality- care/clinical-guidelines/alcohol- withdrawal-management- guideline	Feb-2025
Oppositional Defiant Disorder	Practice Parameter for the Assessment and Treatment of Children and Adolescents with Oppositional Defiant Disorder	American Academy of Child and Adolescent Psychiatry (AACAP)	https://www.jaacap.org/article/S089 0-8567(09)61969-9/pdf	Feb-2025
Posttraumatic Stress Disorder and Acute Stress Disorder	Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (2023)	United States Department of Veteran Affairs (VA) and the Department of Defense (DOD)	https://www.healthquality.va.gov/guidelines/MH/ptsd/	Feb-2025
	Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2017)	American Psychological Association (APA)	https://www.apa.org/ptsd-guideline	Feb-2025
Schizophrenia	Practice Guideline for the Treatment of Patients with Schizophrenia. Third Edition	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424841	Feb-2025
	Management of First-Episode Psychosis and Schizophrenia (2023)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/MH/scz/index.asp	Feb-2025



Behavioral Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
Suicidal Behavior	Clinical Practice Guideline for the Assessment and Management of Patients at Risk for Suicide (2024)	Department of Veterans Affairs and the Department of Defense (VA/DoD)	https://www.healthquality.va.gov/g uidelines/mh/srb/	Feb-2025
	Suicide Prevention (2023)	National Institute of Mental Health (NIH)	https://www.nimh.nih.gov/health/t opics/suicide- prevention#part 2475	Feb-2025
	Suicide Prevention (February 2023)	American Psychiatric Association (APA)	https://www.psychiatry.org/patient s-families/suicide-prevention	Feb-2025
	Zero Suicide Consensus Guide for Emergency Departments	Zero Suicide, Education Development Center (EDC)	https://zerosuicide.edc.org/resourc es/settings/emergency-department	Feb-2025
Transsexual, Transgender, and Gender Nonconforming	Guidelines for Psychological Practice with Transgender and Gender Nonconforming People (2015)	American Psychiatric Association (APA)	https://www.apa.org/practice/guidel ines/transgender.pdf	Feb-2025
Health	Endocrine Treatment of Gender- Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline (2017, updated 2018)	Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/4157558?login=false	Feb-2025
	WPATH Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People, Version 8 (2022)	World Professional Association for Transgender Health (WPATH)	https://www.wpath.org/publications/soc	Feb-2025
	Health Care for Transgender and Gender Diverse Individuals Number 823 (March 2021, reaffirmed 2024)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2021/03/health-care-for-transgender-and-gender-diverse-individuals	February- 2025



Revision log	Date	Approval Date
Added BH policy subcommittee-approved guidelines for: antipsychotic prescribing in children and adolescents (AAP), Identification, Evaluation, and Management of Children with Autism Spectrum Disorder (AAP), and Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (APA).	08/21	08/21
Removed American Pain Society reference under back pain guidelines. Added NASS guideline for Diagnosis and Treatment of Low Back Pain (2020). Removed the American Cancer Society Guidelines for the Early Detection of Cancer.	09/21	10/21
Added Applied Behavioral Analysis Treatment of Autism Spectrum Disorder, Practice Guidelines for Healthcare Funders and Managers, Second Edition, as approved by BH CPSC.	01/22	12/21
Updated the 2016 Surviving Sepsis Guidelines with the 2021 Surviving Sepsis guidelines and added the Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3).  Added Bipolar Disorder and Oppositional Defiant Disorder	01/22	01/22
Reviewed and updated all links and guideline versions as appropriate. Added the following guidelines: Low Back Pain: Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health (2012) Journal of Orthopaedic and Sports Physical Therapy; Pharmacologic Management of Chronic Obstructive Pulmonary Disease. An Official American Thoracic Society Clinical Practice Guideline (2020); COVID-19 Treatment Guidelines Panel. Coronavirus Disease 2019 (COVID-19) Treatment Guidelines (NIH); 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines; 2020 International Society of Hypertension Global Hypertension Practice Guidelines (AHA); Diagnosis and Treatment of Adults with Community-acquired Pneumonia, American Thoracic Society, Infectious Diseases Society of America; Preventive Care (Adults) USPSTF Adult Preventive Screenings. Removed archived guideline, ACOG Practice Bulletin No. 129 Osteoporosis and replaced with ACOG Clinical Practice Bulletin No. 1. Osteoporosis Prevention, Screening, and Diagnosis (2021). Removed outdated guidelines: Lipid Management in Adults (ICSI), Recommendations for Blood Lead Screening of Medicaid Eligible Children Aged 1-5 Years: an Updated approach to Targeting a Group at High Risk (ACCLPP); Diagnosis and Treatment of Respiratory Illness in Children and Adults (ICSI), VA/DoD Clinical Practice Guideline for Opioid Therapy for Chronic Pain (2017). Updated the following guidelines with new publication revision dates: 2021 GINA Report, Global Strategy For Asthma Management and Prevention; Final Recommendation Statement Gonorrhea and Chlamydia: Screening. (September 2021) USPSTF; Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2021 Report); Clinical Practice Guideline for the Management of Chronic Obstructive Pulmonary Disease (2021); Overview of Testing for SARS-CoV-	11/22	



Revision log	Date	Approval Date
Recommendations for Ages 19 years or older, United States, 2022; Child and Adolescent Immunization Schedule.		
Recommendations for Ages 18 years or younger, United States, 2022; Prevention and Control of Seasonal Influenza		
with Vaccines: Recommendations of the ACIP, United States, 2021-22 Influenza Season; Clinical Practice Guidelines		
for Quality Palliative Care 4 <sup>th</sup> Edition; 2021 American College of Rheumatology Guideline for the Treatment of		
Rheumatoid Arthritis; Sickle Cell Disease, Recommendations (2021); Management and Rehabilitation of Post-Acute		
Mild Traumatic Brain Injury (mTBI) (2021); VA/DoD Clinical Practice Guideline for the Management of Substance		
Use Disorders (2021). BH guidelines approved by the corporate BH Clinical Policy Subcommittee in May 2022.		
Added Practice Parameters for Telehealth-Implementation of Applied Behavior Analysis, Second Edition, approved by		
the corporate BH Clinical Policy Subcommittee.		
Annual review. Reviewed and updated all links and guideline versions as appropriate. Added the following guidelines:	5/23	
ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection,		
Evaluation and Management of High Blood Pressure in Adults; WHO Guideline for clinical management of exposure		
to lead (2021); ASH Clinical Practice Guidelines on Sickle Cell Disease (2016); Clinical Practice Guideline for the		
Evaluation and Treatment of Children and Adolescents With Obesity (2023) AAP; American Association of Clinical		
Endocrinologists and American College of Endocrinology Comprehensive Clinical Practice Guidelines For Medical		
Care of Patients with Obesity; 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA		
Guideline on the Management of Blood Cholesterol. Updated the following guidelines with new publication revision		
dates: VA/DoD Clinical Practice Guideline for the Diagnosis and Treatment of Low Back Pain. (2022); 2022 GINA		
Report, Global Strategy for Asthma Management and Prevention; Global Strategy for the Diagnosis, Management, and		
Prevention of Chronic Obstructive Pulmonary Disease (2023 Report); Overview of Testing for SARS- CoV-2		
(COVID-19) (Updated September 2022); American Diabetes Association (ADA) Standards of Care in Diabetes- 2023		
(Volume 46, Issue Supplement 1); American Association of Clinical Endocrinology Clinical Practice Guideline:		
Developing a Diabetes Mellitus Comprehensive Care Plan—2022 Update; 2022 AHA/ACC/HFSA Guideline for the		
Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint		
Committee on Clinical Practice Guidelines; Adult Immunization Schedule. Recommendations for Ages 19 years or		
older, United States, 2023; Child and Adolescent Immunization Schedule. Recommendations for Ages 18 years or		
younger, United States, 2023; Periodicity of Examination, Preventive Dental Services, Anticipatory		
Guidance/Counseling, and Oral Treatment for Infants, Children, and Adolescents; Periodicity Schedule:		
Recommendations for Preventive Pediatric Health Care. Removed the following guidelines: Institute for Clinical		
Systems Improvement (ICSI), Low Back Pain, Adult Acute and Subacute (Updated March 2018); Diagnosis and		
Management of Acute HIV Infection. (Reviewed and updated 2021); Clinical Report: Preventing Obesity and Eating		
Disorders in Adolescents. (Pediatrics Vol. 138 Iss.3 Sept. 2016 pp.1834-1842) AAP		
Added BH policy subcommittee-approved guidelines: Updated Generalized Anxiety Disorder and Panic Disorder in		
Adults: Management to the 2020 version. Added Clinical Practice Guideline for the Assessment and Treatment of		
Children and Adolescents with Anxiety Disorders. Changed the title of "Management of Major Depressive Disorder"		



Revision log	Date	Approval Date
to "VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder". Added Clinical Practice		
Guideline for the Assessment and Treatment of Children and Adolescents with Major and Persistent Depressive		
Disorders.		
Annual review. Reviewed and updated all links and guideline versions as appropriate. Clinical Practice Guideline for	5/24	7/16/24
the Assessment and Treatment of Children and Adolescents with Anxiety Disorders (May 2020); Clinical Practice		
Guideline for the Assessment and Treatment of Children and Adolescents with Major and Persistent Depressive		
Disorders (May 2023); Practice Parameter for the Assessment and Treatment of Children and Adolescents With		
Posttraumatic Stress Disorder (Updated April 2010); American Society of Addiction Medicine, ASAM Criteria 3rd		
Edition (2013); Suicide Prevention (2022); Suicide Prevention (February 2023). Updated link for ACOG Clinical		
Practice Bulletin No. 1. Osteoporosis Prevention, Screening, and Diagnosis (2021). Combined "Adult Preventive		
Care" section with "Preventive Care (Adult)" section. Added the following Physical Health guidelines: VA/DoD		
Clinical Practice Guideline: The Primary Care Management of Asthma (2019), IDSA Guidelines of the Treatment and		
Management of Patients with COVID-19 (2021, updated June 2023), Clinical Management of COVID-19: Living		
Guideline (August 2023), 2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With		
Chronic Coronary Disease: A Report of the American Heart Association/American College of Cardiology Joint		
Committee on Clinical Practice Guidelines, VA/DoD Clinical Practice Guidelines Management of Type 2 Diabetes		
Mellitus (2023), VA/DoD Clinical Practice Guidelines Use of Opioids in the Management of Chronic Pain (2022),		
Pharmacological Management of Osteoporosis in Postmenopausal Women: An Endocrine Society Guideline Update		
(2020), VA/DoD Clinical Practice Guideline Management of Adult Overweight and Obesity (OBE) (2020), For		
Healthcare Providers: New Zika and Dengue Testing Guidance (November 2019). Updated the following Physical		
Health guidelines with new publication revision dates: 2023 GINA Report, Global Strategy for Asthma Management		
and Prevention, Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary		
Disease (2024 Report), Standards of Care in Diabetes- 2024 (Volume 47, Issue Supplement 1), American Geriatrics		
Society 2023 Updated AGS Beers Criteria® for Potentially Inappropriate Medication Use in Older Adults, WFH		
Guidelines for the Management of Hemophilia 3rd Edition, Prevention and Control of Seasonal Influenza with		
Vaccines: Recommendations of the ACIP — United States, 2023-2024 Influenza Season, Adult Immunization		
Schedule. Recommendations for Ages 19 years or older, United States, 2024, Child and Adolescent Immunization		
Schedule. Recommendations for Ages 18 years or younger, United States, 2024. Removed individual ACC/AHA		
Clinical Practice Guidelines and added link to all ACC CPGs. Removed the following guidelines: ACC/AHA		
Prevention Guideline: 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic		
Cardiovascular Risk in Adults, The Management of Community- Acquired Pneumonia in Infants and Children Older		
Than 3 Months of Age: Clinical Practice Guidelines by the Pediatric Infectious Diseases Society and the Infectious		
Diseases Society of America (2011). Added the following Behavioral Health guidelines; Under Anxiety Disorders,		
added Anxiety and Depression Association of American (ADAA) Clinical Practice Review for Social Anxiety		
Disorder (2015) and Clinical Practice Review for Generalized Anxiety Disorder (2015). Added section for Bipolar		



Revision log	Date	Approval Date
Disorder and included Management of Bipolar Disorder (BD) (2023) VA/DoD guideline. Added section for Dementia and included APA Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (2016) and APA Evaluation of Dementia and Age-Related Cognitive Change (2021). Under Depressive Disorder, added American College of Physicians (ACP) Nonpharmacologic Treatments of Adults in the Acute Phase of Major Depressive Disorder: A Living Clinical Guideline and Anxiety and Depression Association of America (ADAA) Clinical Practice Review for Major Depressive Disorder (MDD) (2020). Retitled Adolescent Eating Disorders section to Eating Disorders and included APA Practice Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition (2023) and NICE Eating Disorders: recognition and treatments (2017, updated December 2020). Combined Opioid Use and Management of Substance Use Disorders sections and retitled to Opioid and Substance Use Disorders and Treatment. Added APA Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (2018), SAMHSA Evidence based Practices Resource Center, and ACOG Opioid Use Disorder in Pregnancy Committee Opinion Number 711 (2012, reaffirmed 2021), updated ASAM Criteria to Fourth Edition (2023) and VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders (2021). Under Post Traumatic Stress Disorder and Acute Stress Disorder, added APA Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2017) and updated VA/DoD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (2023). Under Schizophrenia, added VA/DoD Management of First-Episode Psychosis and Schizophrenia (2023). Retitled Gender Reassignment and Transgender Issues section to Transsexual, Transgender, and Gender Nonconforming People, added Endocrine Treatment of Gender-Dysphoria/Gender-Incongruent Persons: An Endocrine Society Clinic		
Annual review. Reviewed and updated all links and guideline versions as appropriate. Added the following Physical Health guidelines: Combined Coronary Artery Disease section and Congenital Disorders to Cardiovascular Disease, Added ISTH- clinical practice guideline for treatment of congenital hemophilia A and B based on the Grading of Recommendations Assessment, Development, and Evaluation methodology; Updated Hyperlipidemia section to Dyslipidemia and added VA/DoD Clinical Practice Guidelines Management of Dyslipidemia for Cardiovascular Risk Reduction (2020); AAFP- Blood Pressure Targets in Adults With Hypertension: A Clinical Practice Guideline From the AAFP (2022), VA/DoD- Clinical Practice Guidelines Diagnosis and Management of Hypertension (HTN) in Primary Care (2020); ACOG Clinical Practice Guideline No. 2.  Management of Postmenopausal Osteoporosis (April 2022); Women's Preventive Services Initiative (WPSI), American College of Obstetricians and Gynecologists (ACOG)- Recommendations for Well-Woman Care; WHO clinical treatment guideline for tobacco cessation in adults; NCCN Clinical Practice Guidelines in Oncology, Smoking Cessation, Version 3.2022; Pediatric Obesity-Assessment, Treatment, and Prevention: An Endocrine Society Clinical Practice Guideline; American Association of	4/25	10/20/25



Revision log	Date	Approval Date
Clinical Endocrinologists (AACE), The Obesity Society, American Society of Metabolic and Bariatric Surgery, Obesity Medicine		
Association, and American Society of Anesthesiologists- Clinical Practice Guidelines For The Perioperative Nutrition, Metabolic,		
and Nonsurgical Support of Patients Undergoing Bariatric Procedures – 2019 Update; IFSO- WGO GUIDELINES ON OBESITY		
(2023). Updated the following Physical Health guidelines with new publication revision dates: 2024 GINA Report, Global		
Strategy for Asthma Management and Prevention; Global Strategy for the Diagnosis, Management, and Prevention of Chronic		
Obstructive Pulmonary Disease (2025 Report); IDSA Guidelines of the Treatment and Management of Patients with COVID-19		
(Updated August 2024); USPSTF- Prevention of Human Immunodeficiency Virus (HIV) Infection: Preexposure Prophylaxis		
(2023); ACOG- Routine Human Immunodeficiency Virus Screening (2014- reaffirmed 2024); CDC- Prevention and Control of		
Seasonal Influenza with Vaccines: Recommendations of the ACIP United States, 2024-2025 Influenza Season; CDC- Adult		
Immunization Schedule. Recommendations for Ages 19 years or older, United States, 2025; CDC- Child and Adolescent		
Immunization Schedule. Recommendations for Ages 18 years or younger, United States, 2025; Bright Futures/American		
Academy of Pediatrics- Periodicity Schedule: Recommendations for Preventive Pediatric Health Care (2024); Final		
Recommendation Statement High Body Mass Index in Children and Adolescents: Interventions; CDC- Clinical Testing and		
Diagnosis for Zika Virus Disease For Healthcare Providers: New Zika and Dengue Testing Guidance (May 15, 2024). Removed		
the following guidelines: HHS, NIH and NHLBI Asthma Care Quick Reference: Diagnosing and Managing Asthma. Guidelines		
from the National Asthma Education and Prevention Program. Expert Panel Report 3. (Revised 2012); Journal of Orthopedic and		
Sports Physical Therapy- Low Back Pain: Clinical Practice Guidelines Linked to the International Classification of Functioning,		
Disability, and Health (2012); NIH- Coronavirus Disease 2019 Treatment Guidelines; NICE Managing Medicines for Adults		
Receiving Social Care in the Community (2017); General Evidence Based Medicine- Choosing Wisely; HHS/HRSA- Guide for		
HIV/AIDS Program Clinical Care (2014); 2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in		
Adults; U.S. Department of Health and Human Services, NIH, NHLBI - Managing Overweight and Obesity in Adults:		
Systematic Evidence Review from the Obesity Expert Panel (2013). Added the following Behavioral Health guidelines: Added		
the following Behavioral Health guidelines: AAFP Generalized Anxiety disorder and Panic disorder in adults; Added		
Borderline Personality Disorder section and included APA Practice Guideline for the Treatment of Patients with Borderline		
Personality Disorder, 2nd edition; ASAM Clinical Practice Guideline on the Management of Stimulant Use Disorder; ASAM		
Clinical Practice Guideline on Alcohol Withdrawal Management; ACOG Committee Opinion Health Care for Transgender and		
Gender Diverse Individuals Number 823 (March 2021, reaffirmed 2024); Updated the following Behavioral Health guidelines		
with new publication revision dates: CASP Applied Behavior Analysis Practice Guidelines for the Treatment of Autism		
Spectrum Disorder Third Edition (April 2024); Federal Guidelines for Opioid Treatment Programs (2024); VA Clinical Practice		
Guideline for the Assessment and Management of Patients at Risk for Suicide (2024). Removed the following guidelines:		
ADAA Clinical Practice Review for Generalized Anxiety Disorder; AACAP Practice Parameter for the Assessment and		
Treatment of Children and Adolescents With Autism Spectrum Disorder (February 2014); NICE Generalized Anxiety Disorder		
and Panic Disorder in Adults: Management (Updated June 2020), NICE- Eating disorders: recognition and treatments (2017,		
updated December 2020) AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents with		



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Posttraumatic Stress Disorder (April 2010); AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents with Schizophrenia (2013).		