

Clinical Policy: Furosemide (Furoscix)

Reference Number: LA.PHAR.608

Effective Date: 09.29.23 Last Review Date: 10.09.24 Line of Business: Medicaid

Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

Please note: This policy is for medical benefit

Description

Furosemide (Furoscix®) is a loop diuretic administered via a wearable, single-use, preprogrammed On-Body Infusor for outpatient self-administration.

FDA Approved Indication(s)

Furoscix is indicated for the treatment of congestion due to fluid overload in adults with chronic heart failure (CHF).

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of Louisiana Healthcare Connections[®] that Furoscix is **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

A. Heart Failure (must meet all):

- 1. Diagnosis of CHF;
- 2. Prescribed by or in consultation with a cardiologist;
- 3. Age \geq 18 years;
- 4. Provider attestation that member is showing signs of extracellular volume expansion due to CHF;
- 5. Documentation that member is a candidate for parenteral diuresis outside of the hospital, as defined by all of the following (a, b, c, and d):
 - a. Oxygen saturation $\geq 90\%$ on exertion;
 - b. Respiratory rate < 24 breaths per minute;
 - c. Resting heart rate < 100 beats per minute;
 - d. Systolic blood pressure > 100 mmHg;
- 6. Provider attestation that member will use Furoscix for short-term use only and will be transitioned to oral diuretics as soon as practical;
- 7. Member has been stable and is refractory (as defined by *Appendix D*) to at least one of the following loop diuretics, at up to maximally indicated doses (a, b, or c):
 - a. Furosemide oral tablets;
 - b. Torsemide oral tablets;
 - c. Bumetanide oral tablets;



Furosemide

- 8. Dose does not exceed both of the following (a and b):
 - a. 80 mg (1 cartridge) per day;
 - b. Total of 8 kits over 30 days.

Approval duration: 4 weeks (up to 8 kits total)

B. Other diagnoses/indications (must meet 1 or 2):

- 1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to LA.PMN.255
- If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy LA.PMN.53 for Medicaid.

II. Continued Therapy

A. Heart Failure

1. Re-authorization is not permitted. Members must meet the initial approval criteria for each request.

Approval duration: Not applicable

B. Other diagnoses/indications (must meet 1 or 2):

- 1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to LA.PMN.255
- 2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy LA.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – LA.PMN.53 for Medicaid or evidence of coverage documents.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

CHF: congestive heart failure

FDA: Food and Drug Administration

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent and may require prior authorization.



Furosemide

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
bumetanide (Bumex®)	0.5 to 2 mg PO QD	10 mg/day
furosemide (Lasix®)	20 to 80 mg PO QD	600 mg/day
torsemide (Sooanz®)	10 to 20 mg PO QD	200 mg/day

Therapeutic alternatives are listed as Brand name[®] (generic) when the drug is available by brand name only and generic (Brand name[®]) when the drug is available by both brand and generic.

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): anuria; hepatic cirrhosis; hypersensitivity to furosemide, components of Furoscix formulation, or medical adhesives
- Boxed warning(s): none reported

Appendix D: General Information

- Definition of disease refractory to loop diuretics
 - o Failure to relieve volume overload, edema, or congestion despite a full dose of loop diuretic. Full dose of loop diuretic is defined by oral furosemide 80 mg daily or equivalent. The approximate dose conversion ratio for bumetanide: torsemide: furosemide is 1:20:40.

V. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose
CHF	80 mg SC once over 5 hours	80 mg/day

VI. Product Availability

Carton containing one prefilled cartridge co-packed with one On-body Infusor [i.e., one kit]: 80 mg/10 mL

VII. References

- 1. Furoscix Prescribing Information. Burlington, MA: scPharmaceuticals, Inc; August 2024. Available at www.furoscix.com. Accessed August 22, 2024.
- 2. Heidenreich PA, Bozkurt B, Aguilar D, et al. 2022 AHA/ACC/HFSA guideline for the management of heart failure: a report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. Circulation. 2022;145:e895–e1032. doi: 10.1161/CIR.0000000000001063.
- 3. Wilcox CS, Testani JM, Pitt B. Pathophysiology of Diuretic Resistance and Its Implications for the Management of Chronic Heart Failure. Hypertension. 2020 Oct;76(4):1045-1054. doi: 10.1161/HYPERTENSIONAHA.120.15205. Epub 2020 Aug 24. PMID: 32829662.
- 4. Bensimhon D, Weintraub WS, Peacock WF, et al. Reduced heart failure-related healthcare costs with Furoscix versus in-hospital intravenous diuresis in heart failure patients: the FREEDOM-HF study. *Future Cardiol*. 2023 Jun;19(8):385-396. doi: 10.2217/fca-2023-0071.
- 5. Micromedex[®] Healthcare Series [Internet database]. Greenwood Village, Colo: Thomson Healthcare. Updated periodically. Accessed August 22, 2024.



Furosemide

6. Clinical Pharmacology [database online]. Tampa, FL: Elsevier; 2024. URL: www.clinicalkeys.com/pharmacology.

Coding Implications

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Code	Description
J1941	Injection, furosemide (furoscix), 20 mg

Reviews, Revisions, and Approvals	Date	LDH
		Approval Date
Policy created	05.01.23	08.28.23
Annual review: no significant changes; in Appendix B, removed	03.25.24	06.20.24
thiazide diuretics (metolazone and chlorothiazide) since there are		
no thiazide-related redirection in criteria and added commercially		
available brand names; references reviewed and updated.		
Removed specification of NYHA Class II or Class III from criteria	10.09.24	
per expanded FDA-approved indication; removed ascites from		
contraindications and revised dosage strength from 80 mg/mL to 80		
mg/10 mL per PI.		

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. LHCC makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions, and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable LHCC administrative policies and procedures.



Furosemide

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