

Clinical Policy: Interferon Beta-1b (Betaseron, Extavia)

Reference Number: CP.PHAR.256

Effective Date: 08.01.16

Last Review Date: 05.19

Line of Business: Medicaid

[Coding Implications](#)[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

Description

Interferon beta-1b (Betaseron[®], Extavia[®]) is an amino acid glycoprotein.

FDA Approved Indication(s)

Betaseron and Extavia are indicated for the treatment of patients with relapsing forms of multiple sclerosis (MS) to decrease the frequency of clinical exacerbations and delay the accumulation of physical disability. Patients with MS in whom efficacy has been demonstrated include patients who have experienced a first clinical episode and have magnetic resonance imaging (MRI) features consistent with MS.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation[®] that Betaseron and Extavia are **medically necessary** when the following criteria are met:

I. Initial Approval Criteria**A. Multiple Sclerosis (must meet all):**

1. Diagnosis of one of the following (a, b, or c):
 - a. Clinically isolated syndrome;
 - b. Relapsing-remitting MS;
 - c. Secondary progressive MS, and member has active relapsing disease;
2. Prescribed by or in consultation with a neurologist;
3. Age \geq 12 years;
4. If age \geq 18 years, member meets the following (a and b):
 - a. If relapsing-remitting MS, failure of one of the following at up to maximally indicated doses, unless contraindicated or clinically significant adverse effects: glatiramer (*generic [including Glatopa[®]] is preferred*), Tecfidera[®], or Gilenya[™];
 - b. Failure of Avonex[®] and Plegridy[®] at up to maximally indicated doses, unless contraindicated or clinically significant adverse effects are experienced;

**Prior authorization is required for all disease modifying therapies for MS*
5. Not prescribed concurrently with other disease modifying therapies for MS (*see Appendix D*);
6. Dose does not exceed 0.25 mg (1 vial) every other day.

Approval duration: 6 months

B. Other diagnoses/indications

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.PMN.53 for Medicaid.

II. Continued Therapy

A. Multiple Sclerosis (must meet all):

1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy;
3. Not prescribed concurrently with other disease modifying therapies for MS (*see Appendix D*);
4. If request is for a dose increase, new dose does not exceed 0.25 mg (1 vial) every other day.

Approval duration: 12 months

B. Other diagnoses/indications (must meet 1 or 2):

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.
Approval duration: Duration of request or 6 months (whichever is less); or
2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policy – CP.PMN.53 for Medicaid or evidence of coverage documents;
- B. Primary progressive MS.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

FDA: Food and Drug Administration

MS: multiple sclerosis

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
Avonex [®] , Rebif [®] (interferon beta-1a)	Avonex: 30 mcg IM Q week Rebif: 22 mcg or 44 mcg SC TIW	Avonex: 30 mcg/week Rebif: 44 mcg TIW
Plegridy [®] (peginterferon beta-1a)	125 mcg SC Q2 weeks	125 mcg/2 weeks

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
glatiramer acetate (Copaxone [®] , Glatopa [®])	20 mg SC QD or 40 mg SC TIW	20 mg/day or 40 mg TIW
Gilenya [™] (fingolimod)	0.5 mg PO QD	0.5 mg/day
Tecfidera [®] (dimethyl fumarate)	120 mg PO BID for 7 days, followed by 240 mg PO BID	480 mg/day

Therapeutic alternatives are listed as Brand name[®] (generic) when the drug is available by brand name only and generic (Brand name[®]) when the drug is available by both brand and generic.

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): history of hypersensitivity to natural or recombinant interferon beta, albumin or mannitol
- Boxed warning(s): none reported

Appendix D: General Information

- Disease-modifying therapies for MS are: glatiramer acetate (Copaxone[®], Glatopa[®]), interferon beta-1a (Avonex[®], Rebif[®]), interferon beta-1b (Betaseron[®], Extavia[®]), peginterferon beta-1a (Plegridy[®]), dimethyl fumarate (Tecfidera[®]), fingolimod (Gilenya[™]), teriflunomide (Aubagio[®]), alemtuzumab (Lemtrada[®]), mitoxantrone (Novantrone[®]), natalizumab (Tysabri[®]), and ocrelizumab (Ocrevus[™]).

V. Dosage and Administration

Drug Name	Dosing Regimen	Maximum Dose
Interferon beta-1b (Betaseron)	Generally start at 0.0625 mg SC every other day, and increase over a six-week period to 0.25 mg SC every other day	0.25 mg QOD
Interferon beta-1b (Extavia)	Generally start at 0.0625 mg SC every other day, and increase over a six-week period to 0.25 mg SC every other day	0.25 mg QOD

VI. Product Availability

Drug Name	Availability
Interferon beta-1b (Betaseron)	Single-use vial: 0.3 mg
Interferon beta-1b (Extavia)	Single-use vial: 0.3 mg

VII. References

1. Betaseron Prescribing Information. Whippany, NJ: Bayer HealthCare Pharmaceuticals Inc.; August 2018. Available at <http://www.betaseron.com>. Accessed February 7, 2019.
2. Extavia Prescribing Information. East Hanover, NJ: Novartis Pharmaceuticals Corporation; December 2018. Available at <http://www.extavia.com/>. Accessed February 7, 2019.
3. Goodin DS, Frohman EM, Garmany GP, et al. Disease modifying therapies in multiple sclerosis: Subcommittee of the American Academy of Neurology and the MS Council for Clinical Practice Guidelines. *Neurology*. 2002; 58(2): 169-178.

4. Costello K, Halper J, Kalb R, Skutnik L, Rapp R. The use of disease-modifying therapies in multiple sclerosis, principles and current evidence – a consensus paper by the Multiple Sclerosis Coalition. March 2017. Accessed February 4, 2019.
5. European Medicines Agency: Betaferon: EPAR – Product Information; December 2018. Available at: https://www.ema.europa.eu/documents/product-information/betaferon-epar-product-information_en.pdf. Accessed February 7, 2019.
6. European Medicines Agency: Extavia: EPAR – Product Information; July 2018. Available at: https://www.ema.europa.eu/documents/product-information/extavia-epar-product-information_en.pdf. Accessed February 7, 2019.
7. Rae-Grant A, Day GS, Marrie RA, et al. Practice guideline recommendations summary: disease-modifying therapies for adults with multiple sclerosis: report of the Guideline Development, Dissemination, and Implementation Subcommittee of the American Academy of Neurology. *Neurology*. 2018; 90(17): 777-788. Full guideline available at: <https://www.aan.com/Guidelines/home/GetGuidelineContent/904>.

Coding Implications

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
J1830	Injection interferon beta-1b, 0.25 mg (code may be used for Medicare when drug administered under the direct supervision of a physician, not for use when drug is self-administered)

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy split from CP.PHAR.18 MS Treatments. Criteria: added max dosing, clarified monotherapy restriction, removed re-authorization requirement for documented adherence, updated reasons to discontinue, modified efficacy to “Responding positively to therapy”. Changed renewal approval duration to 12 months; added requirement for the trial and failure of at least 2 preferred regimens from different classes with one being Avonex or plegridy. Removed specific strength requirement from glatiramer.	08.16	08.16
Added age requirement. Applied preferencing to members 18 and over. Removed contraindication, reasons to discontinue, and MRI requirement.	07.17	08.17
2Q 2018 annual review: added coverage for SPMS per AAN guidelines; added redirection to 2 preferred INF agent; references reviewed and updated.	01.05.18	05.18
2Q 2019 annual review: no significant changes; clarified that all re-directions apply only to members 18 years or older; removed Aubagio from list of step through agents as it is not preferred; specified that	02.07.19	05.19

Reviews, Revisions, and Approvals	Date	P&T Approval Date
generic forms of glatiramer are preferred; references reviewed and updated.		

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

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This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

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Note:

For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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