

Clinical Policy: Triptorelin Pamoate (Trelstar, Triptodur)

Reference Number: LA.PHAR.175

Effective Date:

Last Review Date: 01.21

Line of Business: Medicaid

Coding
Implications
Revision Log

[See Important Reminder at the end of this policy for important regulatory and legal information.](#)

Description

Triptorelin pamoate (Trelstar[®], Triptodur[®]) is a gonadotropin-releasing hormone (GnRH) receptor agonist.

FDA Approved Indication(s)

Trelstar is indicated for the palliative treatment of advanced prostate cancer.

Triptodur is indicated for the treatment of pediatric patients 2 years and older with central precocious puberty (CPP).

Policy/Criteria

Prior authorization is required. Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of Louisiana Healthcare Connections that Trelstar and Triptodur are medically necessary when the following criteria are met:

I. Initial Approval Criteria

A. Prostate Cancer (must meet all):

1. Diagnosis of prostate cancer;
2. Request is for Trelstar;
3. Prescribed by or in consultation with an oncologist or urologist;
4. Age \geq 18 years;
5. Request meets one of the following (a or b):*
 - a. Dose does not exceed 3.75 mg per 4 weeks, 11.25 mg per 12 weeks, or 22.5 mg per 24 weeks;
 - b. Dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

**Prescribed regimen must be FDA-approved or recommended by NCCN*

Approval duration: 12 months

B. Central Precocious Puberty (must meet all):

1. Diagnosis of CPP confirmed by all of the following (a, b, and c):
 - a. Elevated basal luteinizing hormone (LH) level $>$ 0.2 - 0.3 mIU/L (dependent on type of assay used) and/or elevated leuprolide-stimulated LH level $>$ 3.3 - 5 IU/L (dependent on type of assay used);

CLINICAL POLICY

Triptorelin Pamoate

- b. Difference between bone age and chronological age was > 1 year (bone age-chronological age);
 - c. Age at onset of secondary sex characteristics is < 8 years if female, or < 9 years if male;
 2. Request is for Triptodur;
 3. Prescribed by or in consultation with a pediatric endocrinologist;
 4. Member meets one of the following age requirements (a or b):
 - a. Female: 2 - 11 years;
 - b. Male: 2 - 12 years;
 5. Dose does not exceed 22.5 mg per 24 weeks.
- Approval duration: 12 months

C. Gender Dysphoria (off-label) (must meet all):

1. Diagnosis of gender dysphoria;
2. Prescribed by or in consultation with an endocrinologist and an expert in gender dysphoria and transgender medicine (e.g., mental health professional such as psychologist, psychiatrist);
3. Age and pubertal development - meets (a or b):
 - a. Member has reached or passed through Tanner Stage 2* and is < 18 years of age;

**Age ranges approximating Tanner Stage 2 pubertal development extend from 8 to 13 years of age in girls and 9 to 14 years of age in boys.*
 - b. Member is \geq 18 years of age and has failed to achieve physiologic hormone levels with gender-affirming hormonal therapy (e.g., estrogen, testosterone) unless contraindicated or clinically significant adverse effects are experienced;
4. Member demonstrates understanding of expected GnRH analogue treatment outcomes and has given consent for such treatment;
5. If member has a psychiatric comorbidity, member is followed by mental health provider;
6. Psychosocial support will be provided during treatment;
7. Dose is within FDA maximum limit for any FDA-approved indication or is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

Approval duration: 12 months

D. Other diagnoses/indications

1. Refer to the off-label use policy if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): LA.PMN.53 for Medicaid.

II. Continued Therapy

A. Prostate Cancer (must meet all):

CLINICAL POLICY

Triptorelin Pamoate

1. Currently receiving medication via Louisiana Healthcare Connections benefit, or documentation supports that member is currently receiving Trelstar for prostate cancer and has received this medication for at least 30 days;
2. Request is for Trelstar;
3. Member is responding positively to therapy;
4. If request is for a dose increase, request meets one of the following (a or b):*
 - a. New dose does not exceed 3.75 mg per 4 weeks, 11.25 mg per 12 weeks, or 22.5 mg per 24 weeks;
 - b. New dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

*Prescribed regimen must be FDA-approved or recommended by NCCN

Approval duration: 12 months

B. Central Precocious Puberty (must meet all):

1. Currently receiving medication via Louisiana Healthcare Connections benefit or member has previously met all initial approval criteria;
2. Request is for Triptodur;
3. Member is responding positively to therapy as evidenced by, including but not limited to, improvement in any of the following parameters: decreased growth velocity, cessation of menses, softening of breast tissue or testes, arrested pubertal progression;
4. Member meets one of the following age requirement (a or b):
 - a. Female: ≤ 11 years;
 - b. Male: ≤ 12 years.
5. If request is for a dose increase, new dose does not exceed: 22.5 mg per 24 weeks.

Approval duration: 12 months

C. Gender Dysphoria (off-label) (must meet all):

1. Currently receiving medication via Louisiana Healthcare Connections benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy;
3. If request is for a dose increase, new dose is within FDA maximum limit for any FDA-approved indication or is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (*prescriber must submit supporting evidence*).

Approval duration: 12 months

D. Other diagnoses/indications (must meet 1 or 2):

1. Currently receiving medication via Louisiana Healthcare Connections benefit and documentation supports positive response to therapy.
Approval duration: Duration of request or 6 months (whichever is less); or
2. Refer to the off-label use policy if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): LA.PMN.53 for Medicaid.

CLINICAL POLICY

Triptorelin Pamoate

III. Diagnoses/Indications for which coverage is NOT authorized:

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policy – LA.PMN.53 for Medicaid or evidence of coverage documents.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

CPP: central precocious puberty
 DSM-5: Diagnostic and Statistical Manual
 of Mental Disorders, 5th edition
 NCCN: National Comprehensive Cancer
 Network

FDA: Food and Drug Administration
 GnRH: gonadotropin-releasing hormone
 LH: luteinizing hormone

Appendix B: Therapeutic Alternatives

Not applicable

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s):
 - Hypersensitivity to triptorelin or any other component of the product, or other GnRH agonists or GnRH
 - Pregnancy (Triptodur)
- Boxed warning(s): none reported

V. Dosage and Administration

Drug Name	Indication	Dosing Regimen	Maximum Dose
Triptorelin pamoate (Trelstar)	Prostate cancer*	IM: 3.75 mg per 4 weeks; 11.25 mg per 12 weeks; 22.5 mg per 24 weeks	See regimen
Triptorelin pamoate (Triptodur)	CPP	IM: 22.5 mg IM every 24 weeks	See regimen

*May be used in combination with therapies such as radiation therapy, antiandrogens, glucocorticoids, docetaxel.

VI. Product Availability

Drug Name	Availability
Triptorelin pamoate (Trelstar)	Single-dose vial for reconstitution with Mixject system (kit): 3.75 mg, 11.25 mg, 22.5 mg
Triptorelin pamoate (Triptodur)	Single-dose vial for reconstitution (kit): 22.5 mg

VII. References

1. Trelstar Prescribing Information. Wayne, PA: Verity Pharmaceuticals, Inc.; May 2020. Available at www.trelstar.com. Accessed July 15, 2020.
2. Triptodur Prescribing Information. Atlanta, GA: Arbor Pharmaceuticals, LLC; October 2018. Available at www.triptodur.com. Accessed July 15, 2020.

CLINICAL POLICY

Triptorelin Pamoate

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4. National Comprehensive Cancer Network. Prostate cancer (Version 2.2020). Available at https://www.nccn.org/professionals/physician_gls/pdf/prostate.pdf. Accessed July 15, 2020.
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Gender Dysphoria

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Reviews, Revisions, and Approvals	Date
Converted corporate to local policy	01.21

Important Reminder

CLINICAL POLICY

Triptorelin Pamoate

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. LHCC makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved.

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CLINICAL POLICY

Triptorelin Pamoate

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