

Clinical Policy: Mipomersen (Kynamro)

Reference Number: CP.PHAR.284

Effective Date: 10.16

Last Review Date: 08.18

Line of Business: Commercial, Medicaid

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

Description

Mipomersen (Kynamro[®]) is an oligonucleotide inhibitor of apolipoprotein B-100 synthesis.

FDA Approved Indication(s)

Kynamro is indicated as an adjunct to lipid-lowering medications and diet to reduce low density lipoprotein-cholesterol (LDL-C), apolipoprotein B (apo B), total cholesterol (TC), and non-high density lipoprotein-cholesterol (non HDL-C) in patients with homozygous familial hypercholesterolemia (HoFH).

Limitation(s) of use:

- The safety and effectiveness of Kynamro have not been established in patients with hypercholesterolemia who do not have HoFH, including those with heterozygous familial hypercholesterolemia (HeFH).
- The effect of Kynamro on cardiovascular morbidity and mortality has not been determined.
- The use of Kynamro as an adjunct to LDL apheresis is not recommended.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation[®] that Kynamro is **medically necessary** when the following criteria are met:

I. Initial Approval Criteria**A. Homozygous Familial Hypercholesterolemia** (must meet all):

1. Diagnosis of HoFH as evidenced by one of the following (a, b or c):
 - a. Genetic mutation indicating HoFH (e.g., mutations in low density lipoprotein receptor [LDLR] gene, proprotein convertase subtilisin kexin 9 (PCSK9) gene, apo B gene, low density lipoprotein receptor adaptor protein 1 [LDLRAP1] gene);
 - b. Treated LDL-C \geq 300 mg/dL or non-HDL-C \geq 330 mg/dL;
 - c. Untreated LDL-C \geq 500 mg/dL, and one of the following (i or ii):
 - i. Tendinous or cutaneous xanthoma prior to age 10 years;
 - ii. Evidence of HeFH in both parents (e.g., documented history of elevated LDL-C \geq 190 mg/dL prior to lipid-lowering therapy);
2. Prescribed by or in consultation with a cardiologist, endocrinologist or lipid specialist;
3. Age is \geq 18 years;

4. Documentation of recent (within the last 30 days) LDL-C \geq 70mg/dL;
5. Member has been adherent to a high intensity statin (*see Appendix D*) regimen for at least the last 4 months, unless one of the following applies (a, b, or c):
 - a. Statin therapy is contraindicated per Appendix E;
 - b. Member has been adherent to a moderate intensity statin (*see Appendix D*) regimen for at least the last 4 months due to one of the following (i or ii):
 - i. Intolerance to two high intensity statins;
 - ii. A statin risk factor (*see Appendix F*);
 - c. Member is unable to take a high or moderate intensity statin due to one of the following (i or ii):
 - i. Intolerance to two high and two moderate intensity statins;
 - ii. A statin risk factor (*see Appendix F*) and history of intolerance to two moderate intensity statins;
6. Member has been adherent to ezetimibe therapy concomitantly with a statin at maximally tolerated dose for at least the last 4 months, unless contraindicated per Appendix E or a history of ezetimibe intolerance (e.g., associated diarrhea or upper respiratory tract infection);
7. Failure of Repatha[®], unless contraindicated or clinically significant adverse effects are experienced;
8. Treatment plan does not include coadministration with Juxtapid[®], Praluent[®], Repatha;
9. Dose does not exceed 200 mg once weekly.

Approval duration: 6 months

B. Other diagnoses/indications

1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial and CP.PMN.53 for Medicaid.

II. Continued Therapy

A. Homozygous Familial Hypercholesterolemia (must meet all):

1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy as evidenced by an LDL-C reduction since initiation of Kynamro therapy;
**Lab results must be within the last 3 months*
3. Prescribed dose of Kynamro does not exceed 200 mg once weekly.

Approval duration: 12 months

B. Other diagnoses/indications (1 or 2):

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.

Approval duration: Duration of request or 6 months (whichever is less); or

2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial and CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial and CP.PMN.53 for Medicaid or evidence of coverage documents.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

ALT: Alanine transaminase

apo B: apolipoprotein B

ASCVD: atherosclerotic cardiovascular disease

FDA: Food and Drug Administration

FH: familial hypercholesterolemia

HeFH: heterozygous familial hypercholesterolemia

HoFH: homozygous familial hypercholesterolemia

LDL-C: low density lipoprotein cholesterol

LDLR: low density lipoprotein receptor

LDLRAP1: low density lipoprotein receptor adaptor protein 1

PCSK9: proprotein convertase subtilisin kexin 9

TIA: transient ischemic attack

ULN: upper limit of normal

WHO: World Health Organization

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
ezetimibe/ simvastatin (Vytorin [®])	10/40 mg PO QD	10 mg-40 mg/day (use of the 10/80 mg dose is restricted to patients who have been taking simvastatin 80 mg for 12 months or more without evidence of muscle toxicity)
ezetimibe (Zetia [®])	10 mg PO QD	10 mg/day
atorvastatin (Lipitor [®])	40 mg PO QD	80 mg/day
rosuvastatin (Crestor [®])	5 - 40 mg PO QD	40 mg/day
Repatha [®] (evolocumab)*	420 mg SC once monthly	420 mg SC once monthly

Therapeutic alternatives are listed as Brand name[®] (generic) when the drug is available by brand name only and generic (Brand name[®]) when the drug is available by both brand and generic.

**Requires prior authorization*

Appendix C: Contraindications

Kynamro is contraindicated in patients with:

- Moderate or severe hepatic impairment (Child-Pugh B or C)
- Active liver disease, including unexplained persistent elevations of serum transaminases

Appendix D: High and Moderate Intensity Daily Statin Therapy for Adults

<p>High Intensity Statin Therapy <i>Daily dose shown to lower LDL-C, on average, by approximately $\geq 50\%$</i></p> <ul style="list-style-type: none"> • Atorvastatin 40-80 mg • Rosuvastatin 20-40 mg
<p>Moderate Intensity Statin Therapy <i>Daily dose shown to lower LDL-C, on average, by approximately 30% to 50%</i></p> <ul style="list-style-type: none"> • Atorvastatin 10-20mg • Fluvastatin XL 80 mg • Fluvastatin 40 mg 2x/day • Lovastatin 40 mg • Pitavastatin 2-4 mg • Pravastatin 40-80 mg • Rosuvastatin 5-10 mg • Simvastatin 20-40 mg
<p>Low Intensity Statin Therapy <i>Daily dose shown to lower LDL-C, on average, by $<30\%$</i></p> <ul style="list-style-type: none"> • Simvastatin 10 mg • Pravastatin 10–20 mg • Lovastatin 20 mg • Fluvastatin 20–40 mg • Pitavastatin 1 mg

Appendix E: Statin and Ezetimibe Contraindications

<p>Statins</p> <ul style="list-style-type: none"> • Decompensated liver disease (development of jaundice, ascites, variceal bleeding, encephalopathy) • Laboratory-confirmed acute liver injury or rhabdomyolysis resulting from statin treatment • Pregnancy, actively trying to become pregnant, or nursing • Immune-mediated hypersensitivity to the HMG-CoA reductase inhibitor drug class (statins) as evidenced by an allergic reaction occurring with at least TWO different statins
<p>Ezetimibe</p> <ul style="list-style-type: none"> • Moderate or severe hepatic impairment [Child-Pugh classes B and C] • Hypersensitivity to ezetimibe (e.g., anaphylaxis, angioedema, rash, urticaria)

Appendix F: Statin Risk Factors

Statin Risk Factors
<ul style="list-style-type: none"> • Multiple or serious comorbidities, including impaired renal or hepatic function • Unexplained alanine transaminase (ALT) elevations > 3 times upper limit of normal, or active liver disease • Concomitant use of drugs adversely affecting statin metabolism • Age > 75 years, or history of hemorrhagic stroke • Asian ancestry

Appendix G: General Information

- The safety and effectiveness of Kynamro have not been established in pediatric patients.
- The effect of Kynamro on cardiovascular morbidity and mortality has not been determined.
- The safety and effectiveness of Kynamro have not been established in pediatric patients.
- There is a black box warning on the package labeling for Kynamro regarding the risk of hepatotoxicity. In the Kynamro HoFH clinical trial 4 (12%) of the 34 patients treated with Kynamro compared to 0% of the 17 placebo-treated patients had an elevation in alanine transaminase (ALT) at least 3x upper limit of normal (ULN); and, 3 (9%) of those treated with Kynamro compared to 0% treated with placebo had at least one elevation in ALT of at least 5x ULN. Because of the risk of hepatotoxicity, Kynamro is available only through a Risk Evaluation and Mitigation Strategy (REMS) program.
- Because of the risk of hepatotoxicity, Kynamro is available only through a Risk Evaluation and Mitigation Strategy (REMS) program.
- Low density lipoprotein receptor adaptor protein 1 (LDLRAP1) gene is also known as autosomal recessive hypercholesterolemia (ARH) adaptor protein 1 gene.

V. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose
HoFH	200 mg SC once per week	200 mg/week

VI. Product Availability

Pre-filled syringe: 200 mg/mL

VII. References

1. Kynamro Prescribing Information. Chicago, IL: Kastle Therapeutics; May 2016. Available at: <http://www.kynamro.com>. Accessed on May 22, 2018.
2. Stone NJ, Robinson JG, Lichtenstein AH, et al. 2013 ACC/AHA guideline on the treatment of blood cholesterol to reduce atherosclerotic cardiovascular risk in adults: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. *Circulation*. 2014 June 24; 129[suppl 2]: S1-S45.
3. Jacobson TA, et al. National Lipid Association recommendations for patient-centered management of dyslipidemia: part 1 – full report. *Journal of Clinical Lipidology*. March-April 2015; 9(2): 129-169. <http://dx.doi.org/10.1016/j.jacl.2015.02.003>.

4. Familial hypercholesterolemia: screening, diagnosis and management of pediatric and adult patients: clinical guidance from the National Lipid Association Expert Panel on Familial Hypercholesterolemia. *Journal of Clinical Lipidology*. June 2011; 5(3S): 1-15.
5. Fitchett DH, Hegele RA, Verma S. Statin intolerance. *Circulation* 2015;131:e389-391. <https://doi.org/10.1161/CIRCULATIONAHA.114.013189>.

Reviews, Revisions, and Approvals	Date	Approval Date
<p>New policy – split from CP.PHAR.110 Juxtapid and Kynamro, and converted to new template. Removed age. Changed signs from “>” to “≥” for following criteria per NLA FH guidelines: Treated LDL-C ≥ 300 mg/dL or non-HDL-C ≥ 330 mg/dL; Untreated LDL-C ≥ 500 mg/dL, and one of the following (i or ii): Evidence of HeFH in both parents (e.g., documented history of elevated LDL-C ≥ 190 mg/dL prior to lipid-lowering therapy).</p> <p>Added examples of Zetia intolerance. Added the following limitation per PI: member does not have severe renal impairment or clinically significant proteinuria, and is not on renal dialysis. Incorporated HOFH, TLC appendices into the criteria. Combined Zetia and statin contraindications (App C) and added nursing as a contraindication. Statin risk factors are listed at App E. Added requirement for the use of statin and Zetia therapy for the last 4 months. Modified approval duration to 6 months initial/12 month renewal.</p>	10.16	10.16
<p>Policy converted to new template. Safety criteria was applied according to the safety guidance discussed at CPAC and endorsed by Centene Medical Affairs.</p>	09.17	10.17
<p>3Q 2018 annual review: combined policies for Medicaid and Commercial lines of business; no significant changes from previously approved corporate policy; added age limit; Medicaid: removed requirement for therapeutic life style changes and counseling due to inability to objectively verify; removed requirement against concomitant administration of apheresis; removed requirement against use if renally impaired; aligned trial of Zetia language with commercial by requiring concomitant statin; Commercial: reduced approval durations from LOB to 6 and 12 months; references reviewed and updated.</p>	05.22.18	08.18

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in

developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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Note: For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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