Clinical Policy: Fluticasone/Umeclidinium/Vilanterol (Trelegy Ellipta)
Reference Number: CP.PMN.146
Effective Date: 05.22.18
Last Review Date: 08.19
Line of Business: Medicaid

See Important Reminder at the end of this policy for important regulatory and legal information.

Description
Fluticasone/umeclidinium/vilanterol (Trelegy™ Ellipta®) is combination of an inhaled corticosteroid (ICS), long-acting anticholinergic (LAMA), and long-acting beta₂-adrenergic agonist (LABA).

FDA Approved Indication(s)
Trelegy Ellipta is indicated for the long-term, once-daily, maintenance treatment of airflow obstruction in patients with chronic obstructive pulmonary disease (COPD). Trelegy Ellipta is also indicated to reduce exacerbations of COPD in patients with a history of exacerbations.

Limitation(s) of use: Trelegy Ellipta is not indicated for relief of acute bronchospasm or the treatment of asthma.

Policy/Criteria
Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation® that Trelegy Ellipta is medically necessary when the following criteria are met:

I. Initial Approval Criteria
A. Chronic Obstructive Pulmonary Disease (must meet all):
   1. Diagnosis of COPD;
   2. Age ≥ 18 years;
   3. Failure of one of the following (a or b) at up to maximally indicated doses, unless contraindicated or clinically significant adverse effects are experienced:
      a. One LABA (e.g., Serevent®) in combination with one LAMA (e.g., Tudorza® Pressair®, Incruse® Ellipta®);
      b. One ICS in combination with a LABA (e.g., Symbicort®);
   4. Dose does not exceed 1 inhalation per day (60 blisters per 30 days).

   Approval duration: 12 months

B. Other diagnoses/indications
   1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.PMN.53 for Medicaid.
II. Continued Therapy

A. **Chronic Obstructive Pulmonary Disease** (must meet all):
   1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
   2. Member is responding positively to therapy;
   3. If request is for a dose increase, new dose does not exceed 1 inhalation per day (60 blisters per 30 days).

   **Approval duration: 12 months**

B. **Other diagnoses/indications** (must meet 1 or 2):
   1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.
   
   **Approval duration: Duration of request or 12 months (whichever is less); or**

   2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.PMN.53 for Medicaid.

III. **Diagnoses/Indications for which coverage is NOT authorized:**

   A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.PMN.53 for Medicaid or evidence of coverage documents;

   B. Asthma.

IV. **Appendices/General Information**

   **Appendix A: Abbreviation/Acronym Key**

   - COPD: chronic obstructive pulmonary disease
   - FDA: Food and Drug Administration
   - GOLD: Global Initiative for Chronic Obstructive Lung Disease
   - ICS: inhaled corticosteroid
   - LABA: long-acting beta2 adrenergic agonist
   - LAMA: long-acting anticholinergic

   **Appendix B: Therapeutic Alternatives**

   *This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.*

<table>
<thead>
<tr>
<th>Drug Name</th>
<th>Dosing Regimen</th>
<th>Dose Limit/Maximum Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incruse Ellipta (umeclidinium)</td>
<td>1 inhalation (62.5 mcg) QD</td>
<td>62.5 mcg/day</td>
</tr>
<tr>
<td>Symbicort (budesonide/formoterol)</td>
<td>2 inhalations of 80/4.5 mcg BID</td>
<td>2 inhalations of 80/4.5 mcg BID</td>
</tr>
<tr>
<td>Serevent (salmeterol)</td>
<td>1 inhalation (50 mcg) BID</td>
<td>100 mcg/day</td>
</tr>
<tr>
<td>Tudorza Pressair (aclidinium)</td>
<td>1 inhalation (400 mcg) BID</td>
<td>800 mcg/day</td>
</tr>
</tbody>
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   *Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.
Appendix C: Contraindications/Boxed Warnings
• Contraindication(s): severe hypersensitivity to milk proteins
• Boxed warning(s): none reported

Appendix D: General Information
• Per the 2019 GOLD COPD guidelines, combination therapy (LAMA + LABA, ICS + LABA, or ICS + LAMA + LABA) is recommended for Group D patients (i.e., those who are very symptomatic and are at high risk of exacerbation). Selection of which combination to use depends on the individual patient:
  o For those with more severe symptoms, LAMA + LABA may be used.
  o For those with a history of asthma or blood eosinophil counts at least 300 cells/uL, LABA + ICS may be used.
  o For those who are inadequately controlled by dual therapy, triple therapy with ICS + LAMA + LABA may be used.

V. Dosage and Administration

<table>
<thead>
<tr>
<th>Indication</th>
<th>Dosing Regimen</th>
<th>Maximum Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>COPD</td>
<td>1 inhalation by mouth QD</td>
<td>1 inhalation/day</td>
</tr>
</tbody>
</table>

VI. Product Availability
Inhalation powder: disposable inhaler containing 2 foil strips of 30 blisters each: one strip with fluticasone furoate (100 mcg per blister), and the other strip with a blend of umeclidinium and vilanterol (62.5 mcg and 25 mcg per blister, respectively)

VII. References

Reviews, Revisions, and Approvals

<table>
<thead>
<tr>
<th>Reviews, Revisions, and Approvals</th>
<th>Date</th>
<th>P&amp;T Approval Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Policy created.</td>
<td>05.22.18</td>
<td>08.18</td>
</tr>
<tr>
<td>3Q 2019 annual review: no significant changes; references reviewed and updated.</td>
<td>04.23.19</td>
<td>08.19</td>
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Important Reminder
This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and
accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

Note:
For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.