Clinical Policy: Hydroxyurea (Siklos)

References Number: CP.PMN.193
Effective Date: 02.19.19
Last Review Date: 05.19
Line of Business: Commercial, Medicaid

See Important Reminder at the end of this policy for important regulatory and legal information.

Description
Hydroxyurea (Siklos®) is an antimetabolite.

FDA Approved Indication(s)
Siklos is indicated to reduce the frequency of painful crises and to reduce the need for blood transfusions in pediatric patients, 2 years of age and older, with sickle cell anemia with recurrent moderate to severe painful crises.

Policy/Criteria
Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation® that Siklos is medically necessary when the following criteria are met:

I. Initial Approval Criteria
   A. Sickle Cell Disease (must meet all):
      1. Diagnosis of sickle cell disease;
      2. Age ≥ 2 years;
      3. Documentation supports inability to use generic hydroxyurea (e.g., contraindications to the excipients in generic hydroxyurea);
      4. Dose does not exceed 35 mg/kg per day based on weight.

   Approval duration:
   Medicaid – 12 months
   Commercial – Length of Benefit

   B. Oncology Indications (off-label) (must meet all):
      1. Diagnosis of one of the following (a, b, c, or d):
         a. Acute myeloid leukemia;
         b. Chronic myeloid leukemia;
         c. Head and neck cancer;
         d. Myeloproliferative neoplasms (myelofibrosis, polycythemia vera, essential thrombocythemia);
      2. Age ≥ 2 years;
      3. Documentation supports inability to use generic hydroxyurea (e.g., contraindications to the excipients in generic hydroxyurea);
      4. Request meets one of the following (a or b):
a. Dose does not exceed 80 mg/kg per day based on weight;
b. Dose is supported by practice guidelines or peer-reviewed literature for the
relevant off-label use (prescriber must submit supporting evidence).

Approval duration:
Medicaid – 12 months
Commercial – Length of Benefit

C. Other diagnoses/indications
1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT
specifically listed under section III (Diagnoses/Indications for which coverage is
NOT authorized): CP.CPA.09 for commercial and CP.PMN.53 for Medicaid.

II. Continued Therapy
A. All Indications in Section I (must meet all):
   1. Currently receiving medication via Centene benefit or member has previously met
      initial approval criteria;
   2. Member is responding positively to therapy;
   3. If request is for a dose increase, request meets one of the following (a, b, or c):
      a. Sickle cell disease: new dose does not exceed 35 mg/kg per day based on weight;
      b. Oncology indications: new dose does not exceed 80 mg/kg per day based on
         weight;
      c. New dose is supported by practice guidelines or peer-reviewed literature for the
         relevant off-label use (prescriber must submit supporting evidence).

Approval duration:
Medicaid – 12 months
Commercial – Length of Benefit

B. Other diagnoses/indications (must meet 1 or 2):
   1. Currently receiving medication via Centene benefit and documentation supports
      positive response to therapy.
      Approval duration: Duration of request or 6 months (whichever is less); or
   2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT
      specifically listed under section III (Diagnoses/Indications for which coverage is
      NOT authorized): CP.CPA.09 for commercial and CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:
   A. Non-FDA approved indications, which are not addressed in this policy, unless there is
      sufficient documentation of efficacy and safety according to the off label use policies –
      CP.CPA.09 for commercial and CP.PMN.53 for Medicaid or evidence of coverage
      documents.

IV. Appendices/General Information
   Appendix A: Abbreviation/Acronym Key
   FDA: Food and Drug Administration
Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

<table>
<thead>
<tr>
<th>Drug Name</th>
<th>Dosing Regimen</th>
<th>Dose Limit/Maximum Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>hydroxyurea (Hydrea®, Droxia®)</td>
<td>Sickle cell disease: 15 mg/kg PO QD CML: 40 mg/kg/day Head and neck cancer: 1,000 mg q12h</td>
<td>Sickle disease: 35 mg/kg/day Oncology indications: 80 mg/kg/day</td>
</tr>
</tbody>
</table>

Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.

Appendix C: Contraindications/Boxed Warnings
- Contraindication(s): hypersensitivity
- Boxed warning(s): myelosupression and malignancies

V. Dosage and Administration

<table>
<thead>
<tr>
<th>Indication</th>
<th>Dosing Regimen</th>
<th>Maximum Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sickle cell disease</td>
<td>Initial dose 20 mg/kg PO QD. Dose may be increased by 5 mg/kg/day every 8 weeks or sooner if a severe painful crisis occurs.</td>
<td>35 mg/kg/day (maximum dose based on weight)</td>
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</tbody>
</table>

VI. Product Availability

Tablets: 100 mg, 1,000 mg

VII. References

Reviews, Revisions, and Approvals

<table>
<thead>
<tr>
<th>Date</th>
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Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional
organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

Note:
For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.