

## Clinical Policy: Human Growth Hormone (Somapacitan, Somatropin)

Reference Number: HIM.PA.161

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Line of Business: HIM

[Coding Implications](#)  
[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

### Description

The following human growth hormone (hGH) formulations require prior authorization:

- hGH analogs: somapacitan-beco (Sogroya<sup>®</sup>)
- Recombinant hGH (rhGH) formulations: somatropin (Genotropin<sup>®</sup>, Humatrope<sup>®</sup>, Norditropin<sup>®</sup>, Nutropin AQ<sup>®</sup>, NuSpin<sup>®</sup>, Omnitrope<sup>®</sup>, Saizen<sup>®</sup>, Serostim<sup>®</sup>, Zomacton<sup>®</sup>, Zorbtive<sup>®</sup>)

Drugs	Children								Adults		
	GHD	PWS	TS	NS	SHOX	CKD	SGA	ISS	GHD	HIV	SBS
Sogroya									X		
Genotropin	GF	GF	GF				GF	GF	X		
Humatrope	GF		SS		SS/GF		SS	SS/GF	X		
Norditropin	GF	GF	SS	SS			SS	SS	X		
NutropinAQ NuSpin	GF		GF			GF		GF	X		
Omnitrope	GF	GF	GF				GF	GF	X		
Saizen	GF								X		
Serostim										X	
Zomacton	GF		SS		SS		SS	SS	X		
Zorbtive											X

Abbreviations: CKD: chronic kidney disease, GF: growth failure, GHD: growth hormone deficiency, HIV: human immunodeficiency virus, ISS: idiopathic short stature, NS: Noonan syndrome, PWS: Prader-Willi syndrome, SBS: short bowel syndrome, SGA: small for gestational age, SHOX: short stature homeobox-containing gene, SS: short stature, TS: Turner syndrome

### FDA Approved Indication(s)

#### hGH Analogs:

Sogroya is indicated for:

- Replacement of endogenous GH in adults with GHD

#### rhGH Formulations:

Genotropin is indicated for treatment of:

- Children with GF due to GHD, PWS, SGA, TS, and ISS.
- Adults with either childhood-onset (CO) or adult-onset (AO) GHD.

Humatrope is indicated for treatment of:

- Pediatric patients: GF due to inadequate secretion of endogenous GH; SS associated with TS; ISS, high standard deviation score (SDS) <- 2.25, and associated with growth rates

unlikely to permit attainment of adult height in the normal range; SS or GF in SHOX deficiency; SS born small for SGA with no catch-up growth by 2 years to 4 years of age.

- Replacement of endogenous GH in adults with GHD.

Norditropin FlexPro is indicated for the treatment of:

- Children with GF due to GHD, SS associated with NS, SS associated with TS, SS born SGA with no catch-up growth by age 2 to 4 years, ISS, and GF due to PWS.
- Replacement of endogenous GH in adults with GHD.

Nutropin AQ NuSpin is indicated for the treatment of:

- Children with GF due to GHD, ISS, TS, and CKD up to the time of renal transplantation.
- Adults with either CO or AO GHD.

Omnitrope is indicated for the treatment of:

- Children with GF due to GHD, PWS, SGA, TS, and ISS.
- Adults with either CO or AO GHD.

Saizen is indicated for:

- Children with GF due to GHD.
- Adults with either CO or AO GHD.

Serostim is indicated for the treatment of:

- HIV patients with wasting or cachexia to increase lean body mass and body weight, and improve physical endurance.

Zomacton is indicated for:

- Treatment of pediatric patients who have GF due to inadequate secretion of endogenous GH, SS associated with TS, ISS, SS or GF in SHOX deficiency, and SS born SGA with no catch-up growth by 2 years to 4 years.
- Replacement of endogenous GH in adults with GHD.

Zorbtive is indicated for treatment of:

- SBS in adult patients receiving specialized nutritional support.

### **Policy/Criteria**

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

### **Index**

#### **I. Initial Approval Criteria**

- [Growth Hormone Deficiency with Neonatal Hypoglycemia \(off-label\)](#)
- [Growth Hormone Deficiency with Short Stature/Growth Failure - Children \(\*open epiphyses\*\)](#)
- [Genetic Disorders with Short Stature/Growth Failure - Children](#)
- [Chronic Kidney Disease with Growth Failure - Children](#)

- E. [Born Small for Gestational Age with Short Stature/Growth Failure - Children](#)
- F. [Idiopathic Short Stature - Children](#)
- G. [Growth Hormone Deficiency - Adults and Transition Patients \(\*closed epiphyses\*\)](#)
- H. [Short Bowel Syndrome - Adults](#)
- I. [HIV-Associated Wasting/Cachexia - Adults](#)
- J. [Other diagnoses/indications](#)

**II. Continuing Approval Criteria**

- A. [All Pediatric Indications \(\*open epiphyses\*\)](#)
- B. [Growth Hormone Deficiency - Adults and Transition Patients \(\*closed epiphyses\*\)](#)
- C. [Short Bowel Syndrome - Adults](#)
- D. [HIV-Associated Wasting/Cachexia - Adults](#)
- E. [Other diagnoses/indications](#)

**III. Diagnoses/Indications for which coverage is NOT authorized:**

**IV. Appendices**

**V. Dosage and Administration**

**VI. Product Availability**

**VII. References**

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that Sogroya and somatropin are **medically necessary** when the following criteria are met:

**I. Initial Approval Criteria**

**A. Growth Hormone Deficiency with Neonatal Hypoglycemia (off-label)** (must meet all):

1. Diagnosis of neonatal hypoglycemia due to GHD;
2. Request is for a somatropin formulation;
3. Prescribed by or in consultation with a pediatric endocrinologist;
4. Age  $\leq$  1 month;
5. Serum GH concentration  $\leq$  5  $\mu$ g/L;
6. Member meets one of the following (a or b):
  - a. Imaging shows hypothalamic-pituitary abnormality;
  - b. Deficiency of  $\geq$  1 anterior pituitary hormone other than GH (e.g., ACTH, TSH, LH, FSH, prolactin);
7. The requested product is not prescribed concurrently with Increlex<sup>®</sup> (mecasermin);
8. If request is NOT for Norditropin or Humatrope: member must use Norditropin and Humatrope unless contraindicated or clinically significant adverse effects are experienced;\*
9. Dose does not exceed 0.30 mg/kg per week.

*\*PA may be required for Norditropin and Humatrope*

**Approval duration: 6 months**

**B. Growth Hormone Deficiency with Short Stature/Growth Failure - Children (*open epiphyses*)** (must meet all):

1. Diagnosis of GHD;
2. Request is for a somatropin formulation;
3. Prescribed by or in consultation with a pediatric endocrinologist;

4. Age < 18 years;
5. If age > 10 years, open epiphysis on x-ray;
6. Member meets one of the following (a or b):
  - a. Low insulin-like growth factor (IGF)-I serum level;
  - b. Low insulin-like growth factor binding protein (IGFBP)-3 serum level;
7. Member meets one of the following (a, b, c, d, or e):
  - a. Two GH stimulation tests with peak serum levels  $\leq 10$   $\mu\text{g/mL}$  (e.g., stimulants: arginine, clonidine, glucagon);
  - b. Deficiency of  $\geq 3$  pituitary hormones (i.e., ACTH, TSH, LH, FSH, prolactin);
  - c. Prior surgery or radiotherapy to the hypothalamic-pituitary region;
  - d. Imaging shows hypothalamic-pituitary abnormality;
  - e. GHD-specific mutation (e.g., POU1F1, PROP1, LHX3, LHX4, HESX1, OTX2, TBX19, SOX2, SOX3, GLI2, GHRHR, GH1);
8. Member meets one of the following (a or b):
  - a. SS: height is > 2 SD below the mean for age and sex (SD, height, date, and age in months within the last 90 days are required);
  - b. GF: one of the following (i, ii, or iii):
    - i. Height deceleration across two growth chart percentiles representing > 1 SD below the mean for age and sex (SD and 2 heights, dates, and ages in months at least 6 months apart within the last year are required);
    - ii. Growth velocity > 2 SD below the mean for age and sex over 1 year (SD and 2 heights, dates, and ages in months at least 1 year apart within the last year are required);
    - iii. Growth velocity > 1.5 SD below the mean for age and sex sustained over 2 years (SD and 2 heights, dates, and ages in months at least 2 years apart within the last two years are required);
9. The requested product is not prescribed concurrently with Increlex (mecasermin);
10. If request is NOT for Norditropin or Humatrope: member must use Norditropin and Humatrope unless contraindicated or clinically significant adverse effects are experienced;\*
- \*PA may be required for Norditropin and Humatrope
11. Dose does not exceed 0.30 mg/kg per week.

**Approval duration: 6 months**

**C. Genetic Disorders with Short Stature/Growth Failure - Children (must meet all):**

1. Diagnosis of PWS, TS, NS, or SHOX deficiency confirmed by a genetic test;
2. Request is for a somatotropin formulation;
3. Prescribed by or in consultation with a pediatric endocrinologist;
4. Age < 18 years;
5. If age > 10 years, open epiphysis on x-ray;
6. Member meets one of the following (a or b):
  - a. SS: height is > 2 SD below the mean for age and sex (> 1.5 SD if TS) (SD, height, date, and age in months within the last 90 days are required);
  - b. GF: one of the following (i, ii, or iii):

- i. Height deceleration across two growth chart percentiles representing > 1 SD below the mean for age and sex (SD and 2 heights, dates, and ages in months at least 6 months apart within the last year are required);
  - ii. Growth velocity > 2 SD below the mean for age and sex over 1 year (SD and 2 heights, dates, and ages in months at least 1 year apart within the last year are required);
  - iii. Growth velocity > 1.5 SD below the mean for age and sex sustained over 2 years (SD and 2 heights, dates, and ages in months at least 2 years apart within the last two years are required);
7. The requested product is not prescribed concurrently with Increlex (mecasermin);
  8. If request is NOT for Norditropin or Humatrope: member must use Norditropin and Humatrope unless contraindicated or clinically significant adverse effects are experienced;\*
- \*PA may be required for Norditropin and Humatrope*
9. Request meets one of the following (a, b, or c):
    - a. PWS: Dose does not exceed 0.24 mg/kg per week;
    - b. TS, NS: Dose does not exceed 0.5 mg/kg per week;
    - c. SHOX deficiency: Dose does not exceed 0.35 mg/kg per week.

**Approval duration: 6 months**

**D. Chronic Kidney Disease with Growth Failure – Children (must meet all):**

1. Diagnosis of CKD;
2. Request is for a somatotropin formulation;
3. Prescribed by or in consultation with a pediatric endocrinologist or nephrologist;
4. Age < 18 years;
5. If age > 10 years, open epiphysis on x-ray;
6. Member meets one of the following (a, b, c, or d):
  - a. GFR < 60 mL/min per 1.73 m<sup>2</sup> for ≥ 3 months;
  - b. Dialysis dependent;
  - c. Diagnosis of nephropathic cystinosis;
  - d. History of kidney transplant ≥ 1 year ago;
7. Member meets one of the following (a or b):
  - a. SS: height is > 2 SD below the mean for age and sex (SD, height, date, and age in months within the last 90 days are required);
  - b. GF: one of the following (i, ii, or iii):
    - i. Height deceleration across two growth chart percentiles representing > 1 SD below the mean for age and sex (SD and 2 heights, dates, and ages in months at least 6 months apart within the last year are required);
    - ii. Growth velocity > 2 SD below the mean for age and sex over 1 year (SD and 2 heights, dates, and ages in months at least 1 year apart within the last year are required);
    - iii. Growth velocity > 1.5 SD below the mean for age and sex sustained over 2 years (SD and 2 heights, dates, and ages in months at least 2 years apart within the last two years are required);
8. The requested product is not prescribed concurrently with Increlex (mecasermin);

9. If request is NOT for Norditropin or Humatrope: member must use Norditropin and Humatrope unless contraindicated or clinically significant adverse effects are experienced;\*

*\*PA may be required for Norditropin and Humatrope*

10. Dose does not exceed 0.35 mg/kg per week.

**Approval duration: 6 months**

**E. Born Small for Gestational Age with Short Stature/Growth Failure - Children (must meet all):**

1. Diagnosis of SGA;
2. Request is for a somatropin formulation;
3. Prescribed by or in consultation with a pediatric endocrinologist;
4. Age  $\geq$  2 years and  $<$  18 years;
5. If age  $>$  10 years, open epiphysis on x-ray;
6. Birth weight or length  $>$  2 SD below the mean for gestational age (SD, birth weight or length, and gestational age are required);
7. Current height  $>$  2 SD below the mean for age and sex measured within the last year at  $\geq$  2 years of age (SD, height, date, and age in months are required);
8. The requested product is not prescribed concurrently with Increlex (mecasermin);
9. If request is NOT for Norditropin or Humatrope: member must use Norditropin and Humatrope unless contraindicated or clinically significant adverse effects are experienced;\*

*\*PA may be required for Norditropin and Humatrope*

10. Dose does not exceed 0.48 mg/kg per week.

**Approval duration: 6 months**

**F. Idiopathic Short Stature - Children (must meet all):**

1. Diagnosis of ISS;
2. Request is for a somatropin formulation;
3. Prescribed by or in consultation with a pediatric endocrinologist;
4. Age  $<$  18 years;
5. If age  $>$  10 years, confirmation of open epiphysis on x-ray;
6. Member meets both of the following (a and b):
  - a. Height  $>$  2.25 SD below the mean for age and sex (SD, height, date, and age in months within the last 90 days required);
  - b. Not likely to attain adult height in the normal range (predicted height is  $<$  63 inches for males and  $<$  59 inches for females);
7. All the following conditions have been ruled out (a, b, and c):
  - a. Short stature related to GHD, genetic disease, CKD, SGA;
  - b. Familial (genetic) short stature (i.e., height velocity and bone age, as determined by x-ray, are within the normal range and one or both parents are short);
  - c. Constitutional delay of growth and puberty (i.e., the member's growth rate is delayed compared to chronological age but appropriate for bone age as determined by x-ray);
8. The requested product is not prescribed concurrently with Increlex (mecasermin);

9. If request is NOT for Norditropin or Humatrope: member must use Norditropin or Humatrope unless contraindicated or clinically significant adverse effects are experienced;\*

*\*PA may be required for Norditropin and Humatrope*

10. Dose does not exceed 0.30 mg/kg per week.

**Approval duration: 6 months**

**G. Growth Hormone Deficiency – Adults and Transition Patients (*closed epiphyses*)**

(must meet all):

1. Diagnosis of GHD;
2. Prescribed by or in consultation with an endocrinologist;
3. Age  $\geq$  18 years OR closed epiphysis on x-ray;
4. Member has NOT received somatropin therapy for  $\geq$  1 month prior to GH/IGF-I testing as outlined below;
5. Member meets one of the following (a, b, or c):
  - a. Two fasting a.m. GH stimulation tests with peak serum levels  $\leq$  5  $\mu$ g/mL (accepted stimulants: Macrilen<sup>™</sup> [macimorelin] or combination of 2 stimulants such as arginine + glucagon);
  - b. Both of the following (i and ii):
    - i. One fasting a.m. GH stimulation test with peak serum level  $\leq$  5  $\mu$ g/ml (accepted stimulants: Macrilen [macimorelin] or combination of 2 stimulants such as arginine + glucagon);
    - ii. One low IGF-I serum level;
  - c. One low IGF-I serum level and one of the following (i, ii, or iii):
    - i. Imaging shows hypothalamic-pituitary abnormality;
    - ii. Deficiency of  $\geq$  3 pituitary hormones (i.e., ACTH, TSH, LH, FSH, prolactin);
    - iii. GHD-specific mutation (e.g., POU1F1, PROP1, LHX3, LHX4, HESX1, OTX2, TBX19, SOX2, SOX3, GLI2, GHRHR, GH1);
6. The requested product is not prescribed concurrently with Increlex (mecasermin);
7. If request is NOT for Norditropin or Humatrope: member must use Norditropin and Humatrope unless contraindicated or clinically significant adverse effects are experienced;\*

*\*PA may be required for Norditropin and Humatrope*

8. Dose does not exceed one of the following (a or b):
  - a. For Sogroya: 8 mg once weekly;
  - b. For somatropin agents: 0.4 mg/day (may adjust by up to 0.2 mg/day every 4 weeks to maintain normal IGF-1 serum levels; doses  $>$  1.6 mg/day would be uncommon).

**Approval duration: 6 months**

**H. Short Bowel Syndrome (must meet all):**

1. Diagnosis of SBS;
2. Request is for a somatropin formulation;
3. Prescribed by or in consultation with a gastroenterologist;
4. Age  $\geq$  18 years;
5. Patient is dependent upon and receiving intravenous nutrition;



6. If request is NOT for Norditropin or Humatrope: member must use Norditropin and Humatrope unless contraindicated or clinically significant adverse effects are experienced;\*

*\*PA may be required for Norditropin and Humatrope*

7. Dose does not exceed 8 mg per day.

**Approval duration: up to 4 weeks total**

**I. HIV-Associated Wasting or Cachexia (must meet all):**

1. Diagnosis of HIV;
  2. Request is for a somatotropin formulation;
  3. Prescribed by or in consultation with a physician specializing in HIV management;
  4. Age  $\geq$  18 years;
  5. Unintentional weight loss of  $\geq$  10% in the last 12 months occurring while on antiretroviral therapy;
  6. Failure of at least 2 pharmacologic therapies from two separate drug classes (*Appendix B*) unless contraindicated or clinically adverse effects are experienced;
  7. Member is currently on antiretroviral therapy;
  8. If request is NOT for Norditropin or Humatrope: member must use Norditropin and Humatrope unless contraindicated or clinically significant adverse effects are experienced;\*
- \*PA may be required for Norditropin and Humatrope*
9. Dose does not exceed 6 mg per day.

**Approval duration: 6 months (up to 12 months total)**

**J. Other diagnoses/indications (must meet 1 or 2):**

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
  - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: HIM.PA.33 for health insurance marketplace; or
  - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: HIM.PA.103 for health insurance marketplace; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: HIM.PA.154 for health insurance marketplace.

**II. Continued Therapy**

**A. All Pediatric Indications (*open epiphyses*) (must meet all):**

1. Member meets one of the following (a or b):
  - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
  - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);



2. Age < 18 years OR open epiphysis on x-ray;
3. Member meets one of the following (a or b):
  - a. For diagnosis of neonatal hypoglycemia, when member has received somatropin therapy for  $\geq 2$  years, member's height has increased  $\geq 2$  cm in the last year as documented by 2 height measurements taken no more than 1 year apart (dates and height measurements required);
  - b. For all other pediatric diagnoses, member's height has increased  $\geq 2$  cm in the last year as documented by 2 height measurements taken no more than 1 year apart (dates and height measurements required);
4. If request is for a dose increase, request meets one of the following (a, b, c, d, or e):
  - a. GHD with or without neonatal hypoglycemia, ISS: New dose does not exceed 0.30 mg/kg per week;
  - b. PWS: New dose does not exceed 0.24 mg/kg per week;
  - c. TS, NS: New dose does not exceed 0.5 mg/kg per week;
  - d. SHOX deficiency, CKD: New dose does not exceed 0.35 mg/kg per week;
  - e. Born SGA: New dose does not exceed 0.48 mg/kg per week.

**Approval duration: 12 months**

**B. Growth Hormone Deficiency - Adults and Transition Patients (*closed epiphyses*)**  
(must meet all):

1. Member meets one of the following (a or b):
  - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
  - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
2. Member is responding positively to therapy;
3. For IGF-1 test results and dosing (test conducted within the last 90 days), one of the following (a, b, or c):
  - a. Low IGF-1 serum level (i or ii):
    - i. For Sogroya: 8 mg once weekly;
    - ii. For somatropin formulations: If request is for a dose increase, new dose does not exceed an incremental increase of more than 0.2 mg/day and a total dose of 1.6 mg/day;
  - b. Normal IGF-1 serum level: Requested dose is for the same or lower dose;
  - c. Elevated IGF-1 serum level: Requested dose has been titrated downward.

**Approval duration: 12 months**

**C. Short Bowel Syndrome - Adults** (must meet all):

1. Member meets one of the following (a or b):
  - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
  - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
2. Member is responding positively to therapy;

3. Member has not received the requested product for  $\geq 4$  weeks;
4. If request is for a dose increase, new dose does not exceed 8 mg per day.

**Approval duration: up to 4 weeks total**

**D. HIV-Associated Wasting/Cachexia - Adults** (must meet all):

1. Member meets one of the following (a or b):
  - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
  - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
2. Member is responding positively to therapy;
3. Member has not received  $\geq 12$  months of therapy;
4. If request is for a dose increase, new dose does not exceed 6 mg per day.

**Approval duration: 12 months (up to 12 months total)**

**E. Other diagnoses/indications** (must meet 1 or 2):

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
  - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: HIM.PA.33 for health insurance marketplace; or
  - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: HIM.PA.103 for health insurance marketplace; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: HIM.PA.154 for health insurance marketplace.

**III. Diagnoses/Indications for which coverage is NOT authorized:**

- A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policy – HIM.PA.154 for health insurance marketplace, or evidence of coverage documents;
- B.** Constitutional delay of growth and puberty (i.e., constitutional growth delay; the member's growth rate is delayed compared to chronological age but appropriate for bone age as determined by x-ray);
- C.** Familial (genetic) short stature (i.e., height velocity and bone age, as determined by x-ray, are within the normal range and one or both parents are short);
- D.** Adult short stature or altered body habitus associated with antiviral therapy (other than HIV-associated wasting or cachexia);
- E.** Obesity treatment or enhancement of body mass/strength for non-medical reasons (e.g., athletic gains).

**IV. Appendices/General Information**

*Appendix A: Abbreviation*

AO: adult-onset	ISS: idiopathic short stature
CKD: chronic kidney disease	NS: Noonan syndrome
CO: childhood-onset	PWS: Prader-Willi syndrome
FDA: Food and Drug Administration	rhGH: recombinant human growth hormone
GF: growth failure	SBS: short bowel syndrome
GFR: glomerular filtration rate	SD: standard deviation
GH: growth hormone	SGA: small for gestational age
GHD: growth hormone deficiency	SHOX: short stature homeobox-containing gene
hGH: human growth hormone	SS: short stature
HIV: human immunodeficiency virus	TS: Turner syndrome
IGF-1: insulin-like growth factor-1	
IGFBP-3: insulin-like growth factor binding protein-3	

*Appendix B: Therapeutic Alternatives*

*This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.*

<b>Drug*</b>	<b>Dosing Regimen</b>	<b>Dose Limit/Maximum Dose</b>
<b><i>Appetite Stimulants</i></b>		
megestrol (Megace <sup>®</sup> , Syndros <sup>®</sup> )	400 - 800 mg PO daily (10 – 20 ml/day)	800 mg/day
dronabinol (Marinol <sup>®</sup> )	2.5 mg PO BID	20 mg/day
<b><i>Testosterone Replacement Products</i></b>		
testosterone enanthate or cypionate (various brands)	50 - 400 mg IM Q2 – 4 wks	400 mg Q 2 wks
Androderm <sup>®</sup> (testosterone transdermal patch)	2.5 – 7.5 mg patch applied topically QD	7.5 mg/day
testosterone transdermal gel (AndroGel <sup>®</sup> , Testim <sup>®</sup> )	5 - 10 gm gel (delivers 50 – 100 mg testosterone) applied topically QD	10 gm/day gel (100 mg/day testosterone)
<b><i>Anabolic Steroids</i></b>		
oxandrolone (Oxandrin <sup>®</sup> )	2.5 – 20 mg PO /day	20 mg/day
<b><i>Nausea/Vomiting Treatments</i></b>		
chlorpromazine	10 to 25 mg PO q4 to 6 hours prn	2,000 mg/day
perphenazine	8 to 16 mg/day PO in divided doses	64 mg/day
prochlorperazine	5 to 10 mg PO TID or QID	40 mg/day
promethazine	12.5 to 25 mg PO q4 to 6 hours prn	50 mg/dose; 100 mg/day
trimethobenzamide	300 mg PO TID or QID prn	1,200 mg/day

Therapeutic alternatives are listed as Brand name<sup>®</sup> (generic) when the drug is available by brand name only and generic (Brand name<sup>®</sup>) when the drug is available by both brand and generic.

\*Preferred status may be formulary specific.

*Appendix C: Contraindications/Boxed Warnings*

- Somatropin contraindications:
  - Acute critical illness
  - Children with PWS who are severely obese or have severe respiratory impairment (reports of sudden death)
  - Active malignancy
  - Product hypersensitivity
  - Active proliferative or severe non-proliferative diabetic retinopathy
  - Children with closed epiphyses
- Sogroya contraindications:
  - Acute critical illness
  - Active malignancy
  - Hypersensitivity to somapacitan-beco or excipients
  - Active proliferative or severe non-proliferative diabetic retinopathy
- Boxed warning(s): none reported

*Appendix D: Short Stature and Growth Failure*

- For SS, the policy follows the World Health Organization (WHO) definition of > 2 SD below the mean for age and sex.<sup>1</sup>
- For GF, the policy follows
  - Haymond et al (2013) and Rogol et al (2014) for height deceleration across two major percentiles representing a change of > 1 SD corrected for age and sex<sup>2,3</sup> and
  - the Growth Hormone Research Society (2000) for height velocity in the absence of SS that would prompt further investigation, namely, a height velocity > 2 SD below the mean over 1 year or > 1.5 SD below the mean sustained over 2 years for age and sex.<sup>4</sup>
- The Centers for Disease Control and Prevention (CDC) recommend WHO growth charts for infants and children age 0 to < 2 years and CDC growth charts for children age 2 years to < 20 years in the U.S.<sup>5</sup>
  - Based on CDC recommended growth chart data, SD approximations of major height percentiles falling below the mean are listed below:
    - 2nd percentile: 2 SD below the mean
    - 5th percentile: 1.5 SD below the mean
    - 15th percentile: 1 SD below the mean
    - 30th percentile: 0.5 SD below the mean
    - 50th percentile: 0 SD mean
  - CDC recommended growth charts, data tables, and related information that may be helpful in assessing length, height and growth are available at the following link: <https://www.cdc.gov/growthcharts/index.htm>.

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**V. Dosage and Administration**

<b>Drug Name</b>	<b>Indication</b>	<b>Dosing Regimen</b>	<b>Maximum Dose</b>
<b><i>Pediatric Indications (Subcutaneous administration; weekly doses should be divided)</i></b>			
Genotropin, Humatrope, Norditropin, Nutropin, Omnitrope, Saizen, Zomacton	GHD	G, O: 0.16 to 0.24 mg/kg/week H, Z: 0.18 to 0.30 mg/kg/week N: 0.17 to 0.24 mg/kg/week Nu: to 0.30 mg/kg/week S: 0.18 mg/kg/week	See dosing regimens
Genotropin, Norditropin, Omnitrope	PWS	G, N, O: 0.24 mg/kg/week	0.24 mg/kg/week
Genotropin, Humatrope, Norditropin, Omnitrope, Zomacton	SGA	G, O: to 0.48 mg/kg/week H, N, Z: to 0.47 mg/kg/week	0.48 mg/kg/week
Genotropin, Humatrope, Norditropin, Nutropin, Omnitrope, Zomacton	TS	G, O: 0.33 mg/kg/week H, Nu, Z: to 0.375 mg/kg/week N: to 0.47 mg/kg/week	See dosing regimens
Genotropin, Humatrope, Norditropin, Nutropin, Omnitrope, Zomacton	ISS	G, O, No: to 0.47 mg/kg/week H, Z: to 0.37 mg/kg/week Nu: to 0.30 mg/kg/week	See dosing regimens
Humatrope, Zomacton	SHOX	H, Z: 0.35 mg/kg/week	0.35 mg/kg/week
Norditropin	NS	0.46 mg/kg/week	0.46 mg/kg/week
Nutropin	CKD	0.35 mg/kg/week	0.35 mg/kg/week
<b><i>Adult Indications (Subcutaneous administration)</i></b>			
Genotropin, Humatrope, Norditropin, Nutropin, Omnitrope, Saizen, Zomacton	GHD	0.4 mg/day - may adjust by increments up to 0.2 mg/day every 6 weeks to maintain normal IGF-1 serum levels.*  *Dosing regimen from Endocrine Society guidelines (Fleseriu, et al., 2016).  Adult GHD dosing should be substantially lower than that	See dosing regimen

Drug Name	Indication	Dosing Regimen	Maximum Dose
		prescribed for children. Adult doses beyond 1.6 mg/day would be uncommon.	
Serostim	HIV-associated wasting	0.1 mg/kg QOD or QD to 6 mg QD	6 mg/day up to 24 weeks
Sogroya	GHD	1.5 mg once weekly – increase by increments of 0.5-1.5 mg every 2-4 weeks based on clinical response and serum IGF-1 concentrations	8 mg/week
Zorbtive	SBS	0.1 mg/kg QD to 8 mg QD	8 mg/day up to 4 weeks

## VI. Product Availability

Drug	Availability*
Genotropin lyophilized powder	MD dual-chamber syringe: 5 mg, 12 mg
Genotropin Miniquick	SD pen cartridge: 0.2 mg, 0.4 mg, 0.6 mg, 0.8 mg, 1.0 mg, 1.2 mg, 1.4 mg, 1.6 mg, 1.8 mg, and 2.0 mg
Humatrope	MD pen cartridge: 6 mg, 12 mg, 24 mg MD vial: 5mg
Norditropin Flexpro	MD pen: 5 mg/1.5 mL, 10 mg/1.5 mL, 15 mg/1.5 mL, 30 mg/3 mL
Nutropin AQ NuSpin	MD: 5 mg/2 mL, 10 mg/2 mL, 20 mg/2 mL
Omnitrope	MD pen cartridge: 5 mg/1.5 mL, 10 mg/1.5 mL MD vial: 5.8 mg
Saizen	MD pen cartridge: 8.8 mg MD vial: 5 mg, 8.8 mg
Serostim	MD vial: 4 mg SD vial: 5 mg, 6 mg
Sogroya	MD pen: 5 mg/1.5 mL, 10 mg/1.5 mL
Zomacton	MD vial: 5 mg, 10 mg
Zorbtive	MD vial: 8.8 mg

*SD: single-dose, MD: multidose*

## VII. References

### FDA Labels

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**Coding Implications**

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
J2941	Injection, somatropin, 1 mg

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy created; adapted from CP.PCH.39 which is to be retired to create separate HIM and Commercial policies.	08.10.21	11.21
1Q 2022 annual review: no significant changes; modified Norditropin redirection to state member must use per template language; for adult GHD continuation of therapy added requirement that member is responding positively to therapy; for ISS clarified that both height criteria are required (SD and predicted height); RT4 Sogroya added new 5 mg/1.5 mL formulation; references reviewed and updated.	10.11.21	02.22
Template changes applied to other diagnoses/indications and continued therapy section.	10.11.22	
1Q 2023 annual review: FDA indication updated for Humatrope; for HIV-associated wasting or cachexia added criteria member is currently on antiretroviral therapy; references reviewed and updated. Per November SDC: added redirection to Humatrope in addition to Norditropin.	11.18.22	02.23

**Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice

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